WOOD BUFFALO COMMUNITY WELLNESS AND RESILIENCY

Psychosocial Recovery Progress and Priorities

Presented by:

Debra Samek, Director, AHS, Addictions & Mental Health, North Zone, east Carole Bouchard, Director, Community Services, RWMB

October 26, 2016

Outline

- 1. Background
- 2. Objective
- 3. Strategies/Functions
- 4. Membership
- 5. Accomplishments
- 6. Challenges
- 7. Current Initiatives
- 8. Monitoring and Evaluation

Background

WB Community Wellness and Resiliency

- Subcommittee of the Social Recovery Task Force
- Psychosocial Recovery Framework (Government of Alberta)
- Lessons learned from past disasters
- Local leadership, expertise, and commitment to community

Objectives

WB Community Wellness and Resiliency

"To promote mental health, wellness, emotional wellbeing and resilience, prevent and manage the impacts of wild fire on RMWB residents"

- Increase resilience among direct and indirect impacted residents
- Increase community resilience and recovery
- Reduce vulnerability amongst population

Strategies/Functions

- Support and coordinate psychosocial responses and service delivery
- Information sharing
- Identify unmet needs and gaps 'asset mapping'
- Support the growth and enhancement of local psychosocial services
- Enhance partnerships and collaboration amongst service providers
- Communicate to and influence decision makers

Membership:

Community Partnership Model

The following is a **partial** list of organizations represented:

- Alberta Health Services
- RMWB and Wood Buffalo Recovery Committee
- Fort McMurray Public and Catholic School Districts
- Human Services Ministry
- Athabasca Tribal Council
- WB Canadian Mental Health Association
- YMCA
- WB Housing and Development Corporation
- Canadian Red Cross
- Borealis Counselling
- Legacy Counselling

Accomplishments

Supporting psychosocial recovery

- Connecting community partners to support the positive and smooth transition of students back to school across school boards
- Building community capacity through local training events: Psychological First Aid, Grief and Loss
- Identify gaps and support the provision of psychosocial and counselling services to residents
- Support local decision making, solutions and autonomy
- Communication hub and conduit for psychosocial recovery

Challenges

What we are hearing

- Matching the response/intervention to the community need
- Engagement and uptake of available supports and resources by residents
- Sector collaboration and connectivity

Current Initiatives

Examples of current initiatives are:

- Connect Access Refer Engage Wood Buffalo
- Asset Mapping
- Holiday Events
- School/Student wellbeing subcommittee
- Coordination of training and local capacity building

Monitoring and Evaluation

- Track emerging needs and issues identified by psychosocial service providers
- Work together to monitor and evaluate participation and utilization of psychosocial supports and services community-wide

Thank you