

Some Other Solutions Society for Crisis Prevention

2020 Community Impact Grant Analysis

CIP Grant Summary:

2017	2018	2019	2020 Request	2020 Recommended by CIP	Variance Recommended vs. Requested
250,000	250,000	225,000	225,000	202,500	(22,500)

Fiscal Year End	Total Expenses	Unrestricted Net Assets
March 31, 2019	1,140,962	290,999

Notes:

Health & Wellness Program & Crisis Line - Crisis line, presentations on grief and loss, suicide prevention, emotional intelligence, group support sessions, bearing your burden teddy bear program, support in schools, one on one support for people dealing with grief, debriefs with families.

10% reduction in funding is to allow transition from former Operating Grant Program into the Community Impact Grant Program.

Budget Line Description	2020 Total Budget	2020 Budget Request	2020 Recommended
Revenues			
RMWB Community Impact Grant	225,000	225,000	202,500
Project/Program Income	5,000	-	-
Government of Alberta Grant	223,129	-	-
Grant from United Way	91,110	-	-
Total Revenues	544,239	225,000	202,500
Expenses			
Wages and Benefits - Program Staff	144,752	144,752	144,752
Rent	93,103	40,000	-
Admin & Executive Directors Wages	170,694	27,000	-
Phone and Internet	8,000	4,000	-
Program Material/Software	20,000	7,648	7,648
Travel	11,000	1,600	1,600
Insurance	5,000	-	-
Fundraising	5,034	-	-
Postage	1,000	-	-
Consulting	2,000	-	-
Subcontractor	15,000	-	-
Events and Marketing	48,000	-	-
Volunteer Appreciation	4,000	-	-
Training	11,394	-	-
Equipment Lease	5,262	-	-
Administration 31%	-	-	48,500
Total Expenses	544,239	225,000	202,500
Total Surplus (Deficit)	\$ -	\$ -	\$ -

2020 Community Impact Grant - Community Programs and Projects Application for Grant Funding

The grant program under which your organization is applying has specific eligibility requirements. The Application Form should clearly show how the proposed program or project meets these requirements. The Application Form, including all required attachments, must be received by the closing date. **Late or incomplete applications will not be processed (Community Investment Program Policy FIN-220, Section 3.1.5).**

In order to complete this application for funding, please read the following thoroughly:

- 2020 Community Impact Grant Guidelines
- 2020 Community Impact Grant - Community Programs & Projects Application Checklist

If you have reviewed the 2020 Community Impact Grant Guidelines and have any questions regarding this application form or eligibility, please contact CIP@rmwb.ca.

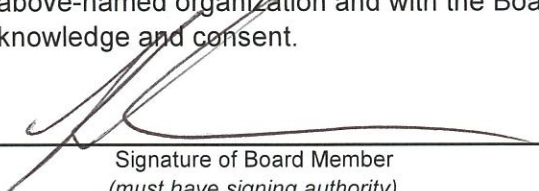
Organization Name: Some Other Solutions Society for Crisis Prevention

Declaration: In making this application, we, the undersigned, confirm:

- that we have read the Community Impact Grant Guidelines;
- that we understand that this application form and all attachments shall be part of the **public** Council agenda and accessible through all methods that the Council agenda is available;
- that we understand that this application form and all required attachments must be completed in full and received before 4:30 p.m. MT on Monday, September 23, 2019;
- that we understand the term of the Community Impact Grant is January 1 to December 31, 2020 and that all expenditures must happen during this term; and
- that we are authorized by the applicant organization to complete the application and hereby represent to the Regional Municipality of Wood Buffalo's Community Investment Program and declare that to the best of our knowledge and belief, the information provided is truthful and accurate, and the application is made on behalf of the above-named organization and with the Board of Directors' full knowledge and consent.

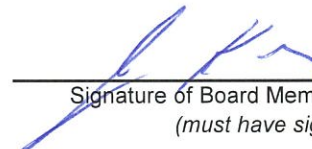
Board Member(s) and/or
Executive Director Initials:

<u>JK</u>	<u>JS</u>
<u>JK</u>	<u>JS</u>
<u>JK</u>	<u>JS</u>
<u>JK</u>	<u>JS</u>
<u>JK</u>	<u>JS</u>


Signature of Board Member
(must have signing authority)

Ryder Spence
Print Name

2019-09-23
Date: (YYYY-MM-DD)


Signature of Board Member or Executive Director
(must have signing authority)

Jason King
Print Name

2019-09-23
Date: (YYYY-MM-DD)

Community Programs and Projects Part A - Organization Summary

1. Organization Details

Organization Name:	Some Other Solutions Society for Crisis Prevention
Street Address:	202A - 8706, Franklin Avenue
City/Hamlet:	Fort McMurray
Province:	Alberta
Postal Code:	T9H 2J6
Phone Number:	780-743-8605
Email Address:	jking@someothersolutions.ca
Act Registered Under:	Canada Not-for-Profit Corporations Act
Registration Number:	13072 2994 RR0001

Note: Organization must be in good standing to receive funding.

2. Main Contact

Title:	Executive Director
Name:	Jason King
Daytime Phone:	780743-8605 ext. 1
Email Address:	jking@someothersolutions.ca

3. Executive Director

Name:	Jason King
Daytime Phone:	780-743-8605 ext 1
Email Address:	jking@someothersolutions.ca

4. Board Chair / President

Name:	Ryder Spence
Daytime Phone:	s.17 (1)
Email Address:	s.17 (1)

Note: Should any of the contact details in Questions 2 to 4 change before December 31, 2020, please advise the Community Investment Program at CIP@rmwb.ca

Community Programs and Projects Part B - Board Questionnaire

5. How often does the Board review the financial position of the agency? What efforts have been made in the past fiscal year to increase the number and types of financial support for your organization?

The Board financial review is done on monthly basis.
Reaching out to the community more on social media to bring more awareness of who we are and and our programs and encouraging the companies and organization to support us through donations.
By building good relationship with our donors by acknowledging them through our funraise donation platform

6. Organization's most recent Fiscal Year End date (YYYY-MM-DD): 2019-03-31
Unrestricted net assets from your Financial Statements ending 2019-03-31 \$ 101,506.44
(Accumulated surplus that the Board has not set aside for a particular purpose)
 Total Expenses from your Financial Statements Ending 2019-03-31 \$ 1,123,578.00

7. Does your organization have financial reserves greater than the last fiscal year's operating expenses? If so, explain why.

No

8. What are the restrictions (if any) on becoming a member of your organization **and/or** participating in programs or services?

Must be 18 years of age to join the board. To be a listener on our Crisis Line you are required to take Some Other Solutions training.

9. Minimum number of board members according to bylaws: 7
 Number of board members: Currently: 9 2018: 12 2017: 11
 How often does the Board of Directors meet? Monthly

10. Please list your current Board of Directors:

Name	Board Position	Years on Board
Ryder Spence	Chair	3.00
Dustin Greig	Vice Chair	4.00
Adair Thompson, p.Eng	Treasurer	4.00
Annette LeBrun	Director	4.00
Valerie Dyck	Secretary	6.00
Trevor Salisbury	Director	1.00
Jessica Hanover	Director	2.00
Lianne Houssami	Director	2.00
Danny Tulk	Director	1.00

11. Are any Board members being paid, or receiving an honorarium for being on the Board or for other positions in the organization outside of their role on the Board? Yes ☐ No ☒

If yes, complete the following table:

Board member name	Paid role in the board / organization	Amount received

 The personal information collected in this application is collected under the authority of section 33(c) of Alberta's Freedom of Information and Protection of Privacy (FOIP) Act. It will be used to process the application and contact you if needed, during the review of this application. If you have any questions about the collection and use of the personal information you may contact the Manager, Community Investment Program, at 9909 Franklin Avenue, Fort McMurray, AB T9H 2K4 or at (780) 743-7918.

Community Programs and Projects

Part C - Proposed Program or Project Details

12. **Program or Project Name:** Some Other Solutions Crisis Line

13. **Beginning Date (YYYY-MM-DD):** 2020-01-01

14. **Completion Date (YYYY-MM-DD):** 2020-12-31

Note: The term of the Community Impact Grant is January 1 - December 31, 2020. The program or project and all expenditures must occur during this term.

15. **What activities will be part of the program or project? Please provide details:**

a. Use headings if applying for more than one program or project;

b. List specific activities of each program or project; and

c. Include details such as location(s), number of sessions, length of sessions, etc.

(additional space continues on next page)

Operation of the 24/7 hour crisis line which is a critical service for the community to improve the well being of its residents. As the very nature of crisis and emergency are not predictable or convenient, it's crucial that people have someone they can reach out to "in the moment". Being that we staff our lines 365/24/7 individuals can call at anytime, day or night for support. They can receive resources, ask questions, just talk or have us conduct an intervention if need be. Our lines can, and have, saved lives. In collaboration with our RCMP detachment here in Fort McMurray we, at the moment of someone attempting to take their own life can contact the police and have them on scene within a very short period of time to interrupt that event and get the person the help they need. We have also been able to deescalate people and get them to willingly cooperate with us in saving themselves. Many times individuals will thank us for what we do at the end of a call. There are callers that our crisis line as part of their safety plan that was put together by themselves and their medical care provider, counselor or therapist. We are looking to add Crisis Chat to reach the youth population since research seems to indicate it is more utilized by youth than calling a crisis phone line. As technology advances, we too, need to advance in the kind of supports and services we offer the public.

Presentations on Grief and Loss will be facilitated. We offer an all day training as well as a shorter presentation which is aprox 3 hours long to an even shorter one which is useful for tool box talks or lunch and learns. We also offer presentations on self-harm for youth and adults, emotional intelligence trainings and suicide prevention presentations for children/youth and adults. We regularly present at Keyano College to their nursing students and social work students. We provide all of these trainings to any school that requires and requests any or all of the presentations. One on one grief and loss sessions for those suffering the loss of a loved one, friend, neighbour, co-worker, job, pet, home, etc. We provide information on the common involuntary physical and emotional responses to loss as well as the key facets of grief and how they may present themselves in an individual's life. Other programs such as: Group support - Sometimes people feel safer receiving help if they are with those they trust, know and love. Bearing Your Burdens teddy bear program - We resource bears generously donated by Shaw with grief and loss information and they are distributed to anyone who has suffered a loss. it doesn't matter how old the person is or what the loss is, they get a bear directing them to SOS for supports, resources and services. They know they are not alone, they have someone to turn to. One on one grief support for children - In collaboration with the schools via teachers, counselors

15. (Continued from previous page)

principals the Health & Wellness provides support and resources for children suffering a loss due to death. In order to protect the safety of the child, we are invited to come by the school staff with consent from a parent or guardian. We then go to the school site, sign in and then proceed to meet with the individual that requested our services and begin our session/s with that student. Once we're done, the child is sent back to class, we sign out and leave the premises. One on one support for adults - Grief support is provided for anyone who has suffered a loss. People come to us through word of mouth, from others whom have been helped here at SOS, The Northern Lights Regional Health Centre (NLRHC), Victim Services Unit (VSU), Centre of Hope, Way Points, Schools Boards, Keyano, Public Health, Mental Health Walk-in Clinic, Athabasca Tribal Council (ATC), Counselors, Doctors, Alberta Works and a vast array of other agencies. If individuals desire someone come with them to their appointment for emotional support that is totally fine or they may have a family member that is also wanting the input and they can come together. It can be the entire family that comes for help, and often it is.

We are providing education to classrooms at the Primary, Middle School and High School levels on the topic of Self-Harm/ Harm reduction and Suicide Prevention. Currently, in collaboration with the Public School Division and Counselors the middle schools and high schools are receiving 3 - one hour sessions on self-harm. The Islamic students in grade 8 are getting 2 sessions at 1 hour each session on the topic of Emotional intelligence and the primary students - Gr. 6 are getting sessions on self-harm.

De-briefs - are conducted upon request. We are Critical Incident and Stress Management trained and therefore can conduct a de-briefs on large or small scale. We often have families that have suffered a loss due to suicide and they ask to come and have a meeting/debrief as a whole. Creating and distributing of resources - The Health & Wellness program is continually creating new and fresh resources in house for our community to meet the needs of individuals and families to educate and equip them. We have created; "Helping Children Cope with Grief" brochure, "Helping Teens with Grief", "Healing After a Suicide", "Healing Through the Holidays", Grief and loss "Green Card", Suicide Prevention "Yellow Card", "Steps to Take After a Death" booklet, "Emotional Intelligence and You", "Self-Harm -Recognizing the Signs" booklet, "Self-Harm" brochure, "Suicide for Adults", "Suicide for Youth", and "When a Spouse Dies." We believe in taking our education and exposure, due to navigating life with people. and making it into useful and valuable resources.

16. What objective(s) of the Community Program and Projects stream does this program or project address? (Check all that apply)

- ☐ To provide a program or project that enhances leisure, cultural, recreational opportunities and/or
- ☒ To support the design and delivery of preventive social service programs that promote and enhance the well-being of individuals, families and communities;
- ☒ To promote programs or projects that address, as directly as possible, any one of the 94 Calls to Action in the Truth and Reconciliation Commission report;
- ☒ To promote and support community capacity and economic growth;
- ☐ To facilitate and promote investment in local projects by residents;
- ☐ To enrich the cultural landscape of the Municipality; and/or
- ☒ To create/maintain a program for recruiting, training and using volunteers.

17. Describe, in detail, how the program or project will meet and address each objective selected above. (additional space continues on next page)

If the Calls to Action objective is selected, please identify the Call to Action and include the following:

- a. How the Call to Action will be addressed by the activities of the program project;*
- b. How the activities promote healing, language and/or cultural restoration; and*
- c. How the Indigenous community is involved in the planning, execution, participation or follow up to the program or project.*

The Crisis Line Program will strive to help the community by supporting people that struggle with issues such as crisis whether it is mental health, addictions, loneliness, financial, losses suicide ideation and others. The crisis line will provide resources to callers to help them with concerns they have

We are striving to have our crisis line accredited to provide an up-to-standard crisis prevention service. We have worked on meeting the requirements for training staff and volunteers to take calls from people who are in crisis.

The Health & Wellness Program is working on three levels of engagement and action; preventative, supportive and responsive; before, during and after an occurrence. We are working on supporting people through education, resources and support services before and incident. We are working on preventing harm, death, depression, anxiety. during the incident and after the incident. We provide presentations and workshops educating people on harm reduction, grief and loss, suicide prevention measures and emotional intelligence. We firmly believe that if individuals are aware of their own emotions and actions and have the ability to regulate and know their own EQ they are at less risk of harm to themselves or someone else. Those people are healthier, stronger and valuable community members whom also contribute and giving back to society by helping others.

We also provide a myriad of resources by which people can engage, know how to identify signs and symptoms of grief or suicidal ideations and provide them with coping strategies and grounding techniques so that they can do one day at time.

We work closely with our rural areas such as Fort McKay, Fort Chipewyan, Anzac, Janvier and Conklin and in town with the Athabasca Tribal Council. We offer exactly the same supports services

17. (Continued from previous page)

and resources to these areas as we do those whom live within the City Centre. Phone supports are given to those whom are not able to get into town for appointments due to a variety of reasons. We have added a component on the Residential Schools to our grief and loss presentations at the request of some of the Band offices and the Athabasca Tribal Council. Many hours of research went into this portion of the presentation to be able to speak to this demographic of people and give the honor, respect and tribute they deserve. We believe in doing our part in the truth and reconciliation that is spoken about. We can speak up for and open the conversation on a subject that has been "hands off" for so many years. We support and care for.

18. How many participants are expected to benefit from the program or project? Please identify them in the table below.

Ages 0 - 3:		Adults:	2,500
Ages 3 - 5:	15	Seniors:	25
Ages 5 - 12:	150	Families:	
Ages 12 - 18:	300		

19. What is the community need that the program or project will address?

The community need that the program will address is crisis intervention, prevention and post-vention. Being out in our community education the residence on harm reduction, healthy lifestyle, emotional intelligence & suicide awareness is vital. Preventative work is letting people know what warning signs and symptoms are for suicide, who they can reach out to, how they talk to someone, what to look for if you think someone is self-harming. Knowledge is power and will empower. We want to prevent harm and let people know it's okay to ask for help.

Intervention work is; being on the crisis line with someone that wants to take their own life and talking them out of it or actually getting law enforcement to their location to save their life. It might be talking a parent through the steps to take for alternate ideas for stress release instead of their young adult self-harming. It can be providing the names of doctors that are accepting new patients so that a newcomer to Fort McMurray can get medical care.

20. How was the need determined?

The need is determined by the calls received. This year we received 551 calls from January 1 - August 31- 2019. 34 of those calls were suicide related. 217 of these calls were due to mental health struggles.

In addition, The need was determined by the emails, phone calls and requests that come in on a daily basis asking for help. The requests can be for education on the subject matter, resources because someone they know or themselves need the information. The requests come through many of our partners and agencies that we collaborate with. They know what it is that we do and if they send people our way, we will provide high quality services for them and their families.

21. How will the program or project address this need?

The program will address this need by having trained volunteers and staff to help the callers by listening and helping them find resources they might need in order to get through those crisis situation. Our goal is to prevent suicide and equip individuals to become resilient. When we tell each caller that we are available to them whenever they need, we're building trust and rapport.

The Health and Wellness program will address the need by providing the education, trainings, workshops, according to the request. We will meet the need regarding self-harm, emotional intelligence, suicide prevention and grief and loss by providing user friendly resources to help with a step by step processes. We support all aspects of the family. We support and educate children from 3-5 years and all ages in between up to as old as an adult can get. We go to the children at their school, supporting adults via phone support, face time or skype when people cannot get to us. In office one on one sessions, groups sessions, support groups.

22. What will be the positive impacts to the community?

The positive impact to the community will be that our residents will become more resilient and better able to meet life's challenges. It will also impact on the community by having them become more aware of the help that is available. People will seek help rather than attempt suicide. People will let others they know about our crisis line and agency. People will be in a better place with their physical, emotional and mental health.

Individuals will be at work instead of at home, in bed battling depression. Students will be attending schools and achieving instead of skipping out or failing.

Families will be involved with the community and thriving.

We will have people volunteering for parent advisory counsels, boards, committees, agencies and possibly even our own crisis line or agency.

We will see a community that is not judgmental of those suffering but a community that reaches out and helps.

Part of the CPP Stream is funded through a partnership with the Government of Alberta to provide support for the design and delivery of preventative social services programs that promote and enhance the wellbeing of individuals, families and communities.

To determine if the program, project or service meets the Family and Community Support Services (FCSS) program outcomes of Prevention, Local Autonomy, Volunteerism, Accountability, and Community Development, please answer the following:

23. Is the program, project or service preventative in nature? Does it enhance the social well-being of families and individuals? Does it have preventative social outcomes?

If yes, please explain. If no, leave blank.

Yes, the program most certainly has preventative measures and social outcomes. Suicide can be prevented. Some of the ways we can prevent suicide is allowing and inviting the conversation to be had. If we can identify for people, the warning signs of suicide, that alone can diminish the completion of suicide or the attempts. If people are aware and more comfortable with the language, they will be more comfortable with helping. If people aren't afraid to talk about suicide, more people can be helped. In learning any new language, it takes repetition, exposure, learning and familiarity to perfect it. We are working hard at teaching people the language. If a simple (but not easy) "warning sign" is someone not getting out of bed day after day and a family member knows that, they then know to reach out and ask what resources are available for sleep therapy or depression or possibly seasonal affective disorder. We have that family one step closer to getting help because they identified one symptom.

Health and Wellness is preventative in nature By giving knowledge, information and opening conversation, we reduce stigma and provide a safe place for people to learn and receive help. We openly and thoroughly teach the warning signs of suicide, the key facets of grief along with the involuntary physical and emotional responses to loss. We identify and teach how to assess and how and whom to reach out for, for help. We see families well grounded and established back into their community of every level.

24. Does the program, project or service:

- Help people develop independence, strengthen coping skills and become more resistant to crisis?

Yes ☒ No ☐

- Help people develop an awareness of social needs?

Yes ☒ No ☐

- Help develop interpersonal and group skills which enhance constructive relationships among people?

Yes ☒ No ☐

- Help people and communities to assume responsibility for decisions and actions which affect them?

Yes ☒ No ☐

- Provide supports that help sustain people as active members of the community?

Yes ☒ No ☐

25. Is the program, project or service:

- Primarily a recreation, leisure, entertainment or sporting activity or event?
Yes ☐ No ☒
- Offering direct assistance, including money, food, clothing or shelter, to sustain an individual or family?
Yes ☐ No ☒
- Primarily rehabilitative, therapeutic or crisis management?
Yes ☒ No ☐
- A duplication of services provided by any level of government?
Yes ☐ No ☒
- A capital expenditure such as the purchase, construction or renovation of a building or facility?
Yes ☐ No ☒

26. What does/will a successful program or project look like?

A successful program will produce stories of people being helped, lives being saved from suicide and a healthier community. A successful program sees people going from surviving to thriving. A successful program spills over into all of our community. It spills over to schools, bosses, employees, neighbors, groups, clinics, churches, boards and everywhere there are people. Success is not only saving a life from death, but saving from job loss, health loss or support in the loss. It is saving from depression because they are referred to the medical professionals that can help them. Success is helping someone with the correct supports and services to get them out of their domestically violent situation. Success is connecting a struggling person to the food bank. Success with the SOS Crisis Line is doing life with people, maintaining an excellent volunteer training program, creating resource such as our "We Can Help" poster which is utilized all over our city in clinics, at the NLRHC, offices, out at our sites, Keyano, YMCA, literally, our poster, is on the walls, desktops on computers and bulletin boards all over the RMWB and has been for many decades. Success looks like staying connected and doing a great job for 33 years giving to our residence.

A successful program look like diminished wait lists and visits to doctors, counselors and therapists. It looks like active, healthy, happy, engaged, socially integrated people. It looks like people helping other people and advertising word of mouth that they received support and help from Some Other Solutions directing those individuals to our agency for help.

27. How will the program or project's success be measured (e.g., surveys, evaluation, longitudinal studies)?

It will be measured by evaluation and statistics collected by our data based program. The call volume will be indicative of the need for the program. One life saved tells the story of success.

In the cases of crisis, awareness, loss, suicide prevention, harm reduction and overall mental health truly helping people is being there when they call but firstly getting the message out that it's okay to ask for help. When we know that we are really successful is when our numbers grow and when we are getting calls for a wide variety of reasons. We know that our work is "paying off" because people are reaching out to talk about the many issues of life. Our 33 year long history in our community has survived ebbs and flows and we are still here helping the residence within the RMWB become stronger and resilient. Success, is more work.

28. Does the program or project duplicate or overlap with other programs or projects offered in the community? How is this organization's program or project unique?

The uniqueness of the SOS program lies in the fact that it is open to an inclusive population, rather than exclusive one. That we have a very broad base from which we work, not a focus on a niche' group. We have callers to our crisis line whom are suicidal, others self-harming, those with depression, others that are in a domestic violence situation. Our volunteers are trained in many call types, and provides a huge resource data base of resources for callers as well as for other agencies/services, to aid them in helping their clients. Our programs also equips volunteers to volunteer in other service areas within the agency such as grief and loss and youth services.

We have a strength in collaborations internally whereby, we can reffer clients to the programs offered within our agency ie: grief and loss, child & youth and Suicide prevention.

29. How will the program or project be promoted/advertised?

(Successful programs or projects shall state "Funding considerations provided by the Regional Municipality of Wood Buffalo" on all print and digital advertisements and shall not use the Municipal logo.

The program will be promoted through community presentations, radio, and word of mouth. It will be on Facebook, Instagram & Twitter.

It will be promoted through our volunteers who find value in helping others and talk about it.

It will be promoted through people seeing our We Can Help poster where our number is displayed along with all of the other programs that SOS offers. See Attachment

30. The Community Programs and Projects stream is intended to promote an allied social profit sector within the Municipality. What other community groups or organization will be involved in the program or project?

- a. List each community group or organization; and
- b. Define each community group or organization's role.

The Some Other Solutions crisis line program works in partnership with Waypoints Community Services. The role they fill is helping with the shift coverage during the overnight hours. Their staff answer the calls on the SOS crisis line during overnight. Another way in which we partner is where training is shared.

Other community partners include:

Victim Services (VSU): We receive referrals from VSU directly for loss. The loss can be for health, death, home, pet, identity, culture or a myriad of other issues. We provide support to these individuals or families according to their need, ie: We will conduct an NOK at the detachment when family members don't know how to tell a child that their parent has died. We provide resource portfolios to VSU with our grief brochures, green cards, Steps to Take After a Death booklet and business card in them directing their clients to our agency when they are visited by the RCMP and VSU. NLRHC: The collaborations between the H&W program the hospital on a daily basis are: Referrals for clients for grief and loss support, walk-in clinic clients referred to us, end of life care requests.

31. The Community Programs and Projects stream is intended to promote public/volunteer participation in the planning, delivering and governing of community programs and projects. How will volunteers be involved in the proposed program or project?

The volunteers will be involved in the proposed program by taking calls on the crisis line on a consistent basis. They will also participate in events that are put on by funders. The events provide exposure to what goes on in our community and the ability to engage with other agencies at the events to get a true sense of what each organization does.

They will also be involved in other programs at SOS they desire, and has the appropriate skills to enable them. The exposure has the possibility to let them assist with the child and youth team as SOS and interact with children, empowering them and helping to build stronger youth. They can have a sense of satisfaction through the compiling of the many resources that are needed to be distributed throughout the community through the Health & Wellness program. One of the programs is the "Bearing Your Burdens" initiative. The volunteers can package up bears and know their efforts have support compromised people at the hospital, schools, victim services etc.

Volunteers can feel value in their contribution.

- 32. The CPP stream requires at least one other source of funding (e.g., monetary donations or grants, sponsorships, significant in-kind contributions, etc.) aside from the Community Impact Grant. Describe any other funding initiatives the organization has taken or is planning to implement to support this requirement.**

Other sources of income:

United Way
Alberta Health Services
Public Donations

- 33. Outline any expected in-kind contributions for this program or project:**

The Multicultural Association of Wood Buffalo agreed to offer the cultural component portion for the crisis line workers for free.

Northern reach offers the LGBTQ++101 training to our crisis callers for free.

We received a generous contribution from the Casman Centre. They donated advertising on the large outdoor screen promoting, "The Ripple Effect" screening. They only asked that they receive a charitable donation receipt.

Program or Project Budget

34. a) Please be advised that although your organization's fiscal year may not run January - December, that is the funding period of the Community Impact Grant. The following content must only relate to the period of January 1 - December 31, 2020.
- b) Please include all anticipated sources of revenue for the program or project and whether or not it is in progress (applied for but not yet confirmed) or secured (confirmed).
- c) Please list all sources of funding separately and name the sources in the space provided.
- d) Do not include this grant application as a source of revenue.

Source of Projected Income	Revenue Jan - Dec 2020	Revenue Status	
		In Progress	Secured
Project/Program Income (Ticket sales, admission, etc.)	5,000.00	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Government of Alberta Grant	223,129.00	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Government of Canada Grant		<input type="checkbox"/>	<input type="checkbox"/>
Casinos/Bingos		<input type="checkbox"/>	<input type="checkbox"/>
Donation from:		<input type="checkbox"/>	<input type="checkbox"/>
Donation from:		<input type="checkbox"/>	<input type="checkbox"/>
Donation from:		<input type="checkbox"/>	<input type="checkbox"/>
Grant from: United Way	91,110.00	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Grant from:		<input type="checkbox"/>	<input type="checkbox"/>
Grant from:		<input type="checkbox"/>	<input type="checkbox"/>
Sponsorship from:		<input type="checkbox"/>	<input type="checkbox"/>
Sponsorship from:		<input type="checkbox"/>	<input type="checkbox"/>
Sponsorship from:		<input type="checkbox"/>	<input type="checkbox"/>
Other:		<input type="checkbox"/>	<input type="checkbox"/>
Other:		<input type="checkbox"/>	<input type="checkbox"/>
Other:		<input type="checkbox"/>	<input type="checkbox"/>
Other:		<input type="checkbox"/>	<input type="checkbox"/>
Other:		<input type="checkbox"/>	<input type="checkbox"/>
Other:		<input type="checkbox"/>	<input type="checkbox"/>
Total (A)	\$ 319,239.00		

36. Provide any additional information that may assist in developing a better understanding of the organization or its services/programs during the grant review:

37. Attachments

The following **MUST** accompany this application.

Failure to submit the following will result in this application being deemed incomplete.

☒ Financial Statements of **most recent** fiscal year end (Year end date must fall between July 1, 2018 and June 30, 2019)

The following is **OPTIONAL** to this application.

☐ Project Logic Model (if available)

Completed and Signed Applications are to be submitted:

Preference is By Email: CIP@rmwb.ca

OR

In Person or By Mail:

Community Investment Program
Community Services
Regional Municipality of Wood Buffalo
9909 Franklin Avenue
Fort McMurray, AB T9H 2K4

**LATE or INCOMPLETE applications will not be processed
(Community Investment Program Policy FIN-220, Section 3.1.5)**

Some Other Solutions

Income and Expenses by Program at March 2019 (Year to Date)

	Crisis Line	211 Program	Suicide Prevention	Grief & Loss	Community Helpers	Students Assisting	CIP	Society	Totals
REVENUE									
Grants - United Way	12,947	88,427		52,662		226,695			380,731
Grants - Alberta Health Services	40,425		123,205	4,548	61,399		6,801		236,379
Grants - Human Services						125,783		6,801	132,584
Grants - RMWB	112,500	60,000	28,166	36,250					236,916
Grants - Red Cross	37,236								37,236
Fundraising/Donations				1,000		5,500		32,817	39,317
Other			2,585	100		31,071		32,310	66,066
TOTAL REVENUE	203,108	148,427	153,956	94,560	61,399	389,048	6,801	71,928	1,129,228
EXPENSE									
Advertising & Marketing	452	9,082		122		639		11,778	22,074
Bank Charges & Interest								1,580	1,580
Board Expenses								2,934	2,934
Consultants/Technicians			143	42				5,523	5,707
Subcontractors						144		1,132	1,276
Equipment Lease								7,532	7,532
Fundraising Expense								2,557	2,557
Insurance								4,688	4,688
Office Supplies				142		14		5,450	5,607
Office Rent								78,994	78,994
Freight and Postage								227	227
Professional Fees	4,002	56,983				531		37,348	98,865
Staff Development/Training	1,660		192		1,647	1,932	4,958	11,471	21,860
Telephone, Fax & Internet	4,205			42				7,382	11,629
Program Materials	1,177	30	195	8,982	132	8,778		22,333	41,627
Mileage & Travel	94			269	18	4,255	1,843	3,053	9,533
Volunteer Appreciation	2,236			91		184		322	2,833
Wages & Benefits	68,631	56,380	77,857	71,385	38,915	257,932		230,398	801,498
Utilities								402	402
Building Maintenance								2,156	2,156
Website Development									0
TOTAL EXPENSES	82,457	122,476	78,387	81,075	40,712	274,409	6,801	437,261	1,123,578
Surplus/Deficit (-)	120,651	25,951	75,569	13,485	20,687	114,639	0	-365,333	5,650




INDEPENDENT AUDITOR'S REPORT

To the Members of Some Other Solutions Society for Crisis Prevention

Qualified Opinion

We have audited the financial statements of Some Other Solutions Society for Crisis Prevention (the Society), which comprise the statement of financial position as at March 31, 2019, and the statements of changes in net assets, revenues and expenditures and cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, except for the possible effects of the matter described in the *Basis for Qualified Opinion* section of our report, the accompanying financial statements present fairly, in all material respects, the financial position of the Society as at March 31, 2019, and its results of operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

Basis for Qualified Opinion

In common with many not-for-profit organizations, the Society derives revenue from fundraising activities the completeness of which is not susceptible to satisfactory audit verification. Accordingly, verification of these revenues was limited to the amounts recorded in the records of the Society. Therefore, we were not able to determine whether any adjustments might be necessary to fundraising revenue, excess of revenues over expenses, and cash flows from operations for the year ended March 31, 2019, current assets and net assets as at March 31, 2019. Our audit opinion on the financial statements for the year ended March 31, 2018 was modified accordingly because of the possible effects of this limitation of scope.



We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Statements* section of our report. We are independent of the Society in accordance with the ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified audit opinion.

Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Society's ability to continue as a going concern, disclosing, as applicable, matters relating to going concern and using the going concern basis of accounting unless management either intends to liquidate the Society or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Society's financial reporting process.

(continues)

Independent Auditor's Report to the Members of Some Other Solutions Society for Crisis Prevention
(continued)

Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements. As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Society's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Society's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Society to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

SOME OTHER SOLUTIONS SOCIETY FOR CRISIS PREVENTION**Statement of Financial Position****March 31, 2019**

	2019	2018
ASSETS		
Current		
Cash and cash equivalents (<i>Note 3</i>)	\$ 526,096	\$ 364,723
Accounts receivable	42,800	115,114
Goods and services tax recoverable	16,667	9,999
Prepaid expenses	10,383	24,324
	595,946	514,160
Capital assets (<i>Note 4</i>)	13,718	10,267
	\$ 609,664	\$ 524,427
LIABILITIES		
Current		
Accounts payable and accrued liabilities	\$ 50,243	\$ 28,654
Wages payable (<i>Note 5</i>)	87,864	82,468
Deferred revenue (<i>Note 6</i>)	78,167	45,530
	216,274	156,652
NET ASSETS		
Unrestricted net assets	290,999	257,508
Equity in tangible capital assets (<i>Note 7</i>)	13,720	10,267
Restricted net assets (<i>Note 8</i>)	88,671	100,000
	393,390	367,775
	\$ 609,664	\$ 524,427

Lease commitments (*Note 9*)**On behalf of the Board**_____
Director_____
Director

SOME OTHER SOLUTIONS SOCIETY FOR CRISIS PREVENTION

Statement of Changes in Net Assets

Year Ended March 31, 2019

	Unrestricted net assets	Equity in tangible capital assets	Restricted net assets	2019	2018
Net assets - beginning of year	\$ 257,508	\$ 10,267	\$ 100,000	\$ 367,775	\$ 336,711
Excess of revenue over expenses	25,615	-	-	25,615	31,064
Amortization	7,876	(7,876)	-	-	-
Capital additions	-	11,329	(11,329)	-	-
Net assets - end of year	\$ 290,999	\$ 13,720	\$ 88,671	\$ 393,390	\$ 367,775

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SOME OTHER SOLUTIONS SOCIETY FOR CRISIS PREVENTION**Statement of Revenues and Expenditures****Year Ended March 31, 2019**

	Budget	Total 2019	Total 2018
Revenue			
United Way of Fort McMurray	\$ 409,247	\$ 391,774	\$ 495,684
Northern Lights Health Region	258,717	270,802	218,744
SASP grant	128,000	128,398	128,040
Regional Municipality of Wood Buffalo	250,000	203,662	250,000
Donations	26,196	116,422	198,563
Red Cross	48,100	55,519	116,233
	1,120,260	1,166,577	1,407,264
Expenses			
Advertising	43,205	55,670	139,867
Amortization	-	7,876	20,588
Contract services and casual labour	12,916	6,983	16,773
Equipment lease	10,080	7,532	9,344
Insurance	5,000	4,688	4,603
Office	19,261	10,347	8,496
Office rent, janitorial and maintenance	99,719	81,150	98,142
Professional fees	85,817	104,135	106,907
Program materials	15,361	21,627	16,760
Telephone	15,120	11,629	11,335
Utilities	-	402	6,012
Vehicle and mileage	8,987	7,690	5,422
Volunteer appreciation	4,133	2,833	3,346
Wages and benefits	822,251	801,498	890,273
Workshop	12,394	16,902	38,332
	1,154,244	1,140,962	1,376,200
Excess (deficiency) Of Revenue Over Expenses for the year	\$ (33,984)	\$ 25,615	\$ 31,064

SOME OTHER SOLUTIONS SOCIETY FOR CRISIS PREVENTION**Statement of Cash Flows****Year Ended March 31, 2019**

	2019	2018
Operating activities		
Cash receipts from customers	\$ 1,206,255	\$ 1,215,418
Cash paid to suppliers and employees	(1,092,159)	(1,352,707)
Decrease (increase) in deferred revenue	32,637	89,972
Goods and services tax	(6,668)	117
Cash flows from (used by) operating activities	140,065	(47,200)
Investing activity		
Purchase of capital assets	(11,329)	(2,525)
Cash flows used by investing activity	(11,329)	(2,525)
Net change in cash and cash equivalents during the year	128,736	(49,725)
Cash and cash equivalents - beginning of year	319,193	368,918
Cash and cash equivalents - end of year	\$ 447,929	\$ 319,193
Cash and cash equivalents consist of:		
Cash and cash equivalents	\$ 526,096	\$ 364,723
Less: restricted portion of cash	(78,167)	(45,530)
	\$ 447,929	\$ 319,193

SOME OTHER SOLUTIONS SOCIETY FOR CRISIS PREVENTION

Notes to Financial Statements

Year Ended March 31, 2019

Purpose of the Society

Some Other Solutions Society for Crisis Prevention (the "Society") is a not-for-profit organization incorporated provincially under the Companies Act of Alberta. As a registered charity the Society is exempt from the payment of income tax under Section 149(1) of the Income Tax Act.

The Society operates to provide services in the area of suicide prevention, intervention and postvention within the Regional Municipality of Wood Buffalo.

1. Summary of significant accounting policies

Basis of presentation

The financial statements of the Society are the representations of management prepared in accordance with Canadian accounting standards for not-for-profit organizations (ASNFPPO) published by the Chartered Professional Accountants (CPA) of Canada, using the deferral method of reporting contributions.

Revenue recognition

The Society follows the deferral method of accounting for contributions. Externally restricted contributions are recognized as revenue in the year in which the related expenses are incurred. Unrestricted contributions are recognized as revenue when received or receivable if the amount to be received can be reasonably estimated and collection is reasonably assured.

Cash and cash equivalents

Cash and cash equivalents consist of cash held in bank and petty cash on hand.

Tangible capital assets

Tangible capital assets is stated at cost or deemed cost less accumulated amortization and is amortized over its estimated useful life on a declining balance basis at the following rates and methods:

Office equipment	20%	declining balance method
Office furniture	20%	declining balance method
Computer equipment	30%	declining balance method
Website	3 years	straight-line method

Tangible capital assets acquired during the year but not placed into use are not amortized until they are placed into use. Assets are capitalized if the cost is greater than \$1,000.

(continues)

SOME OTHER SOLUTIONS SOCIETY FOR CRISIS PREVENTION

Notes to Financial Statements

Year Ended March 31, 2019

1. Summary of significant accounting policies *(continued)*

Contributed services and materials

Volunteers contribute a considerable number of hours per year to ensure that certain programs are delivered. Because of the difficulty of compiling these hours and the fact that these services are not otherwise purchased, contributed services are not recognized in the financial statements.

Contributed materials are recognized in the financial statements when their fair market value can be reasonably determined and they are used in the normal course of the Society's operations and would otherwise have been purchased.

Measurement uncertainty

When preparing financial statements according to ASNPO, management makes estimates and assumptions relating to:

- reported amounts of revenues and expenses
- reported amounts of assets and liabilities
- disclosure of subsequent events
- amortization

Estimates are based on a number of factors including historical experience, current events and actions that the Society may undertake in the future, and other assumptions that management believes are reasonable under the circumstances. By their nature, these estimates are subject to measurement uncertainty and actual results could differ. In particular, estimates are used in accounting for certain items such as revenues, useful lives of capital assets, legal contingencies, accrued vacation payable and employee benefit plans.

Income taxes

The Society uses the income taxes payable method of accounting for income taxes. Under this method, the Society reports as an expense (income) of the period only the cost (benefit) of current income taxes determined in accordance with the rules established by taxation authorities.

(continues)

SOME OTHER SOLUTIONS SOCIETY FOR CRISIS PREVENTION

Notes to Financial Statements

Year Ended March 31, 2019

1. Summary of significant accounting policies (*continued*)

Financial instruments

Measurement of financial instruments

The Society initially measures its financial assets and financial liabilities at fair value, except for certain related party transactions that are measured at the carrying amount or exchange amount, as appropriate.

The Society subsequently measures all its financial assets and financial liabilities at cost or amortized cost, except for investments in equity instruments that are quoted in an active market, which are measured at fair value. Changes in fair value of these financial instruments are recognized in net income.

Financial assets measured at amortized cost include cash and cash equivalents, accounts receivable, and GST recoverable.

Financial liabilities measured at amortized cost include accounts payable, wages payable, and deferred revenue.

Impairment

Financial assets measured at cost are tested for impairment when there are indicators of impairment. The amount of the write-down is recognized in net income. The previously recognized impairment loss may be reversed to the extent of the improvement, directly or by adjusting the allowance account, provided it is no greater than the amount that would have been reported at the date of the reversal had the impairment not been recognized previously. The amount of the reversal is recognized in net income.

Transaction costs

The Society's transaction costs related to financial instruments that will be subsequently measured at fair value are recognized in net income in the period incurred. The carrying amount of the financial instruments that will not be subsequently measured at fair value is adjusted for transaction costs directly attributable to the origination, issuance or assumption of these instruments.

SOME OTHER SOLUTIONS SOCIETY FOR CRISIS PREVENTION

Notes to Financial Statements

Year Ended March 31, 2019

2. Recent accounting pronouncements published but not yet adopted

The following accounting standards have been issued by the Chartered Professional Accountants of Canada (CPAC) but are not yet effective. The Society is currently evaluating the effect of adopting these standards on their financial statements.

Part III Section 4433 - Tangible capital assets held by not-for-profit organizations

This new section establishes new standards for the write-down of tangible capital assets to fair value or replacement cost to reflect partial impairments when conditions indicate that the assets no longer contribute to an organization's ability to provide goods and services, or that the value of future economic benefits or service potential associated with the tangible capital assets are less than their net carrying amounts. This section is effective for fiscal periods beginning on or after January 1, 2019.

Part III Section 4434 - Intangible assets held by not-for-profit organizations

This new section establishes new standards for the write-down of intangible assets to fair value or replacement cost to reflect partial impairments when conditions indicate that the assets no longer contribute to an organization's ability to provide goods and services, or that the value of future economic benefits or service potential associated with the intangible assets are less than their net carrying amounts. This section is effective for fiscal periods beginning on or after January 1, 2019.

Part III Section 4441 - Collections held by not-for-profit organizations

This new section establishes all collections to be recorded on the statement of financial position at either cost or nominal value. The policy provides guidance on determining cost or nominal value and write-downs of collections. This section is effective for fiscal periods beginning on or after January 1, 2019.

Part III Section 4460 - Disclosure of related party transactions by not-for-profit organizations

This section has been amended to clarify that not-for-profit organizations apply Section 3856 - Financial Instruments in Part II of the handbook for the accounting and disclosure of financial instruments in related party transactions. These handbook amendments are effective for fiscal periods beginning on or after January 1, 2020.

3. Cash and cash equivalents

	2019	2018
General account	\$ 525,575	\$ 364,202
Petty cash fund	521	521
	\$ 526,096	\$ 364,723

Included in cash is a restricted amount of \$78,167 (2018 - \$45,530) received from grants which are held for specified future use (Note 6).

SOME OTHER SOLUTIONS SOCIETY FOR CRISIS PREVENTION

Notes to Financial Statements

Year Ended March 31, 2019

4. Tangible capital assets

	Cost	Accumulated amortization	2019 Net book value	2018 Net book value
Office equipment	\$ 7,635	\$ 7,489	\$ 146	\$ 183
Office furniture	9,162	7,388	1,774	2,218
Computer equipment	43,816	32,018	11,798	3,098
Website	57,208	57,208	-	4,768
	\$ 117,821	\$ 104,103	\$ 13,718	\$ 10,267

5. Wages payable

	2019	2018
Wages payable	\$ 28,611	\$ 18,972
Government remittance payable	17,734	26,980
Social fund	-	686
United Way	17,653	-
Vacation Payable	23,865	35,218
	\$ 87,863	\$ 81,856

The vacation payable liability is comprised of the vacation time that employees are deferring to future years. Employees have either earned the benefits (and are vested) or are entitled to these benefits within the next year.

6. Deferred revenue

	2019	2018
CIP grant	\$ 72,500	\$ -
Animated Film	-	11,039
Center of Hope	-	1,000
Alberta Health Services - SASP	3,565	33,491
FCSS	2,102	-
	\$ 78,167	\$ 45,530

Deferred revenues are held as restricted cash and cash equivalents (Note 3).

SOME OTHER SOLUTIONS SOCIETY FOR CRISIS PREVENTION

Notes to Financial Statements

Year Ended March 31, 2019

7. Equity in tangible capital assets

	2019	2018
Opening equity tangible capital assets	\$ 10,267	\$ 28,330
Tangible capital asset additions	11,328	2,525
Amortization	(7,876)	(20,588)
Closing equity in tangible capital assets	\$ 13,719	\$ 10,267

8. Restricted net assets

The Society had internally restricted \$100,000 in the year. These funds are to be used as a contingency funds for rent, replacement of technology, and replacement of office equipment. \$11,329 of these funds were used for the purchase of new computers.

	2019	2018
Opening restricted net assets - Contingency fund	\$ 100,000	\$ 100,000
Funds used	(11,329)	-
	\$ 88,671	\$ 100,000

9. Lease commitments

The Society has noted two ongoing commitments for which payments extend past year-end. One commitment is related to a lease with Xerox for a photocopier payable quarterly for \$1,385 plus taxes. The lease began on February 1, 2014 and extends until July 1, 2019. The other commitment is an office lease payable monthly for \$7,406 plus taxes. The lease began on April 1, 2018 and extends until March 31, 2022.

Contractual obligation payment schedule:

2020	\$ 90,261
2021	88,876
2022	88,876
	\$ 268,013

10. Financial instruments

The Society is exposed to various risks through its financial instruments and has a comprehensive risk management framework to monitor, evaluate and manage these risks. The following analysis provides information about the Society's risk exposure and concentration as of March 31, 2019.

(continues)

SOME OTHER SOLUTIONS SOCIETY FOR CRISIS PREVENTION

Notes to Financial Statements

Year Ended March 31, 2019

10. Financial instruments (*continued*)

Credit risk

Credit risk arises from the potential that a counter party will fail to perform its obligations. The Society is exposed to credit risk from its supporters. In order to reduce its credit risk, the Society and its sponsors sign off annual funding agreements, confirming the sponsorship level. This action enables the Society to budget for programming costs, to determine if additional funding sources are needed. The Society has a small number of significant sponsors which contributes to this concentration of credit risk. This increase in risk is mitigated by the Society proactively seeking additional corporate sponsorship.

11. Economic dependence

The Society is economically dependent on funding received from government grants and donations from the United Way of Fort McMurray.

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