

### **Advisory Committee on Aging**

Thursday, April 8, 2021 1:00 PM

Conducted Electronically Via MS Teams

### Agenda

### Public Participation for April 8, 2021 Advisory Committee on Aging Meeting

The Advisory Committee on Aging (Committee) will be conducting the April 8, 2021 Meeting through electronic communications in accordance with the Meeting Procedures (COVID-19 Suppression) Regulation, Order in Council 99/2020.

- Anyone wishing to participate in the meeting is encouraged to do so by registering to speak as a
  delegate by way of teleconference or by submitting their delegation comments by email.
- To participate by teleconference:
  - Anyone wishing to speak by teleconference to an item on the April 8, 2021 Committee Meeting Agenda must pre-register by 9:00 a.m. April 8, 2021.
  - To register to speak via teleconference, please email <a href="mailto:boardsandcommittees@rmwb.ca">boardsandcommittees@rmwb.ca</a> or call 780-743-7001 with your name, the phone number that you will be dialing in from and an email address that you can be reached at prior to and during the meeting.
  - You must provide the name of the agenda item that you wish to speak to.
  - All registrants will be emailed the details on how to participate prior to the start of the meeting.
  - Each registrant will be given a maximum of 5 minutes to address the Committee.
- To make written submissions as a delegation before or during the live meeting:
  - o Please complete the online form found at <a href="www.rmwb.ca/writtendelegations">www.rmwb.ca/writtendelegations</a> or email <a href="mailto:boardsandcommittees@rmwb.ca">boardsandcommittees@rmwb.ca</a>
  - Please note that written comments for an agenda item must be received prior to the start of that item during the meeting. Emails that are received after the agenda item has been introduced or are not relevant to an agenda item, will not become part of the record of this meeting.
  - All written submissions are public and will be included in the Committee Meeting Agenda Package as part of public record.

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- 1. Call to Order
- 2. Adoption of Agenda
- 3. <u>Minutes of Previous Meetings</u>
  - 3.1. Advisory Committee on Aging Meeting March 11, 2021
- 4. New and Unfinished Business
  - 4.1. Age Friendly Working Group re: Age- Friendly Work Plan Update
  - 4.2. Action Log
  - 4.3. Information Updates

### **Adjournment**

Minutes of a Meeting of the Advisory Committee on Aging held via Electronic Communications, on Thursday, March 11, 2021, commencing at 1:00 PM.

### Present:

Henry Hunter, Wood Buffalo Housing Development Linda Mywaart, Public-at-Large - Rural Luana Bussieres, Public-at-Large - Urban Carolyn Evancio, Seniors Resource Committee Joan Furber, Golden Years Society Carol Theberge, Wood Buffalo Health Advisory Council Keith McGrath, Councillor

### Administration:

Deanne Bergey, Director, Community and Protective Services
Toni Elliott, Senior Manager, Community Services
Sonia Soutter, Manager, Senior Legislative Officer
Melissa Williams, Department Administrator, Neighbourhood & Community Development,
Destiny Hilliard, Clerk, Legislative Services

### 1. Call to Order

Chair, Henry Hunter, called the Meeting to order at 1:05 p.m.

### 2. Adoption of Agenda

### **MOTION**

THAT the agenda be adopted as presented.

RESULT: CARRIED [UNANIMOUS]

**MOVER:** Linda Mywaart, Public-at-Large - Rural

**SECONDER:** Carolyn Evancio, Seniors Resource Committee

FOR: Bussieres, Hunter, Evancio, McGrath, Mywaart, Furber, Theberge

### 3. <u>Minutes of Previous Meetings</u>

### 3.1. Advisory Committee on Aging Meeting - February 11, 2021

### **MOTION**

THAT the minutes of the Advisory Committee on Aging held on February 11, 2021 be approved as presented.

gresult: Carried [Unanimous]

MOVER: Carol Theberge, Wood Buffalo Health Advisory Council

**SECONDER:** Carolyn Evancio, Seniors Resource Committee

FOR: Bussieres, Hunter, Evancio, McGrath, Mywaart, Furber, Theberge

### 4. <u>Presentation</u>

# 4.1. Darline Reid, Area Manager Seniors Health, Alberta Health Services re: Willow Square Update

### **Entrance**

Joan Furber and Luana Bussieres joined the meeting at 1:21 p.m.

Darline Reid, Area Manager, Seniors Health, Alberta Health Services, provided an update, stating the expected date for residents to move in is May 2021.

It was agreed that the Committee would assist in coordinating tours for seniors and that Willow Square may be able to host an open house before the doors open to residents.

### Entrance

Councillor, Keith McGrath, joined the meeting at 1:27 p.m.

Discussion occurred with respect to the inclusion of Indigenous art features, Treaty 8 and Metis land recognition and naming recognition for the seniors/elders that were instrumental in the conception of Willow Square. Darline Reid confirmed that there is government signage that recognizes Treaty 8 and Metis territory, and art work that recognizes the overall culture of the region.

### Action Item:

Administration to liaise with Darline Reid on obtaining information on a naming recognition process.

### Exit and Return

Luana Bussieres exited the meeting at 1:47 p.m. and rejoined at 1:49 p.m.

### 5. New and Unfinished Business

### 5.1. Age Friendly Working Group re: Age Friendly Work Plan Update

Luana Bussieres, Committee Member, and Martin Byaruhanga, Social Planner, Community and Protective Services, provided an update on the Age Friendly Work Plan, and its alignment with the eight domains under the World Health Organization. It was noted that the next steps which involve incorporating the strategies and proposed actions will proceed and be brought back to the Committee at the April meeting.

Following discussions and with consensus of the Committee, it was agreed that the Committee will move their presentation to Council from April 13, 2021 to May 25, 2021.

### Action Item

Administration to bring forward the complete list of requests to support the work plan to the next meeting.

### 5.2. Carolyn Evancio re: Seniors COVID-19 Vaccination

Carolyn Evancio, Committee Member, provided an update on the COVID-19 vaccination for seniors noting that St. Aiden's booked and transported 350 seniors over the age of 75 to vaccination clinics.

### 5.3. Action Log

All action items are ongoing

### 5.4. Information Updates

### Exit

Cr. Keith McGrath, left the meeting at 2:51 p.m.

Carol Theberge, Committee Member, suggested inviting the Advisory Committee on Aging Committee to the Health Advisory Committee Meeting on March 31, 2021 for an opportunity to explore age friendly topics.

The Public Works department was recognized and thanked for the transportation that was provided for Seniors to receive the COVID-19 vaccination.

### Adjournment

The meeting was adjourned at 2:57 p.m.		
	Chair	

# WOOD BUFFALO AGE FRIENDLY WORK PLAN 2021-2024





Advisory Committee on Aging- RMWB ACoA@rmwb.ca

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## What is an Age-Friendly Community?

Worldwide, governments have recognized the need to make communities more Age-Friendly to the increasing aging population. Population aging and urbanization are two global trends that together comprise major forces shaping the 21<sup>st</sup> century. Simultaneously, as cities are growing, their share of residents aged 60 years and over is increasing. World Health Organization (WHO) regards active aging as a lifelong process shaped by several factors that, alone and acting together, to increase health, participation, and security in older adult life[1].

An Age-Friendly community encourages active aging by optimizing health, participation, and security opportunities to enhance the quality of life as people age. In practical terms, an Age-Friendly city adapts its structures and services to be accessible to and inclusive of older people with varying needs and capacities.

### Who is the Lead?

The Advisory Committee on Aging (ACoA) is taking a strong role in shaping an Age-Friendly Wood Buffalo Region. The ACoA recommended that an Age-Friendly Needs Assessment be undertaken by the Regional Municipality of Wood Buffalo (RMWB) in 2017 to help assess and identify gaps, needs, and standards needed to meet an Age-Friendly Community. The assessment was completed by the RMWB through a consultant and was guided by the Eight domains of WHO Age-Friendly Communities (WHO 2007). ACoA will work with the RWMB to advise and monitor the Work Plan's implementation progress. ACoA will provide an annual update to the council and the community regarding the progress, next step's and reassessment.

The Regional Municipality of Wood Buffalo: 2018-2021 Municipal strategic plan priority #1, strategy and initiative #1f, supports the adoption of the ACoA's vision and practices of Aging with dignity and to track the implementation of the guidelines set out by the World Health Organization Age-Friendly Cities designation[1], The Regional Municipality of Wood Buffalo-Culture and Social Development (CSD) will take on the leadership role to support, monitor and implement the Age-Friendly Work Plan, RWMB will provide a quarterly progress report to the ACoA and an annual progress report to the ACoA.

RMWB-CSD will engage and coordinate the strategic and community partner and provide strategic guidance to work on the implementation of Action Plans and coordinate the development of a shared progress and evaluation process. With the advice of the ACoA, CSD will further the Wood Buffalo Age-Friendly recognition application process from the Government of Alberta and the World Health Organization.

Strategic partners and Community stakeholders: These are agencies/ organizations with an interest and expertise in delivering seniors' services and have a key role in implementing the proposed actions.

"We don't have access to home care in rural areas. A public nurse will come to visit, but we cannot access services that will allow us to stay in our homes."

Age-Friendly Needs assessment-RMWB (2017)

### **Local Priorities**

The Age-Friendly assessment scope identified needs and gaps based on the eight domains within the World Health Organization's Global Age-Friendly Cities framework. Based on the input received from community stakeholders and public working groups, the WHO's eight domains were refined as local priority areas. Residents, community stakeholders, and the ACoA have a keen interest in ensuring older people are able to age and live in Wood Buffalo and have supportive policies, services, and programs that are required to enable them to do so.

### WHO-Eight Domains Identified as Local priorities



### **Needs Assessment Summary**

Overall, the Age-Friendliness of the Wood Buffalo region showed several trends, needs, and gaps. Most needs/gaps were highlighted in the rural communities though some of them are prevalent regional wide:

- Streets and sidewalks accessibility
- Public washrooms not generally available, especially in outdoor spaces
- Rural areas have fewer transportation options and little information on existing options.
- Seniors' housing availability issues and homecare services
- Less accessibility of information about events and activities
- There are few activities offered to older people and people with disabilities
- Challenges with social participation due to lack of transportation options and accessibility issues
- Need for more social inclusivity and respect opportunities
- More civic engagement and employment opportunities
- Need to amplify communication and information media

### **Wood Buffalo Seniors – By the Numbers**

In 1971, seniors accounted for 8% of Canada's population. By 2036, that number will rise to 25%. (Age-Friendly Communication: Facts, Tips and Ideas, Public Health Agency of Canada, 2010). Wood Buffalo's seniors' population distribution has steadily increased over the last nine-years from 3% in 2009 to 4% in 2018 (Municipal census data). According to the 2018 Municipal census, seniors (65 year+) represent 2.75% of the Wood Buffalo population, and 11.6% of the seniors' population live the rural communities. It is widely acknowledged that a community that addresses its senior population's needs is a community that is a friendlier city to all ages (WHO 2007).

### **Our Work Plan**

The Age-Friendly Wood Buffalo Work Plan outlines the ACoA's Vision of Aging with Dignity in Wood Buffalo, and it highlights goals, proposed actions, strategic partners, and community stakeholders for each identified local priority. The implementation approach is highlighted, and the governance model will be established to implement and evaluate the Work Plan.

Due to the broad scope and complexity of gaps and community needs identified, the Work Plan focuses on high-priority areas of needs in the region. This plan will require collaborative efforts between the Regional Municipality of Wood Buffalo (RMWB), community stakeholders, associations, community groups, and other government levels. The timeline of actions may be short-term (up to two years), medium or long-term (within the initial three-year implementation cycle, or more than three years).

It should be noted that the actions are preliminary and require refinement through additional dialogue with broader groups of both internal and external stakeholders during the implementation phase. Subsequently, the implementation plans must be developed to ensure the actions are robust and measurable. Potentially more objectives could be identified in the future to achieve the goals. This Work Plan highlight Short-term goals, medium- and long-term goals, as well as on-going goals, which make it a "living" document and a list of partners and stakeholders highlighted is not exhaustively drawn, there will be opportunities through engagement sessions for more community partners and citizens to be involved in the implementation of this Work Plan.

"When we build for older adults, we are being an inclusive community"

**From Community Partner** 

### **Work Plan Terms**

**Strategies:** Ways that leaders and partners can act collectively to achieve the identified goal. **Proposed Action (s):** Steps that must be taken by strategic partners or community stakeholders or in small collaborative teams. A detailed list of actions and activities will be highlighted in the implementation plan.

**Measurement indicators:** These are quantifiable measures of progress toward the identified goal. **Strategic Partner (SP):** The strategic partner agency or organization will initiate/ facilitate a role in guiding the process of pursuing and achieving proposed actions.

**Community Stakeholder (CS):** These are agencies or organizations with an interest and/or expertise in delivering services to seniors and can contribute to achieving the Work Plan actions, Work Plan Priorities and Goals.

**Timeline:** This is the implementation period for the identified priority areas, and each action highlighted. The timeline of actions may be short-term (one up to two years), medium (within two to three years), or long-term (within the initial three-year implementation cycle, or more than three years).

# **Wood Buffalo Age-Friendly Work Plan**

Domain#1: Housing				
Priority Area:	Maintenance and Modifica	tions		
Goal:	Home maintenance service	es and modification services are availa	ble and are affordable	for
	seniors.			
Strategy	Proposed Action(s)	Measurement indicators	Strategic Partner/Stakeholder (s)	Timeline
Develop programs	Enhance awareness of	# of awareness campaigns	CS: St. Aidan's	Short-
and services for	and access to services	Resource guide update		Term
older adults that aid	and information about	RMWB Seniors' Webpage	SP: RMWB	
with costs that	programs that provide	updated		
affect home	financial assistance for	<ul> <li>#discount/credits programs for</li> </ul>	Other Partners TBD	
maintenance,	the cost associated with	older adults		
modification, and	housing affordability			
affordability				
	Explore potential support	Develop and Implementation the		Short-
	for home maintenance	Program		Term
	and modification	• # of volunteers/contractors		
	assistance and volunteer	signed-up		
	programs	• # of seniors Served		
	Develop and support a	Develop and Implement the	SP: RMWB (CSD)	
	lawn care volunteer-	program	<b>CS:</b> St. Aidan's, Other	
	based program for	• # of seniors signed up for the	Partners TBD	
	seniors	program		
		• # of volunteers		
		• # of service hours provided		
Priority Area:	<b>Housing Options</b>			
Goal:	There is a range of Age-Frie	endly affordable, and accessible housi	ng options for older add	ults in the
	region. (Lack of Seniors' ho	using and housing option was most sig	hted in the rural commu	nities
	according to the 2017 Need	ls Assessment)		
Support the	Advocate for sustainable	Letter of advocacy submitted to	<b>SP:</b> WBHDC & RMWB	Long-
development of	funding for the	the Minister from the Mayor and		term
Age-Friendly	development of new	Council	Other Partners TBD	
affordable and	affordable and accessible	#Acres of land acquired		
accessible housing	seniors housing options	Seniors Housing Master Plan		
options for older	(i.e., a seniors' Housing	Developed		
adults in Wood	Master Plan)	• # of grants secured		
Buffalo		• # of affordable housing units		
		available for Seniors		
			l	L

	• #of seniors appropriately housed		
Promote and advertise available housing options, both digital and in print	• #of in-person sessions, open houses, workshops, or forums	SP: St. Aidan's	Short- Term
Continuous collaboration with AHS with Willow	#older adults appropriately housed	SP: AHS CS: WHBDC, ACOA,	Short- Term
Square facility to ensure that local needs are prioritized when placing clients		Other Partners TBD	

Domain#2: Transpor	tation				
Priority Area:	Health and Assisted Trans	Health and Assisted Transportation Services			
Goal:	Accessible, safe, and affor	Accessible, safe, and affordable transportation services are available for older adults in the			
	region.				
Strategy	Proposed Action(s)	Measurement indicators	Strategic	Timeline	
			Partner/Stakeholder		
			(s)		
Develop and	SMART Bus curb to curb,	#SMART Bus monthly data	SP: RMWB (Transit	Short-	
implement	priority "Pick-ups" and	• # of Age-Friendly designed	and Public Works, &	Term	
transportation	"Drop-Offs" Services to	businesses	CSD)		
strategies that are	seniors and seniors with	• # of senior designate parking	CS: St. Aidan's, Other		
responsive to	mobility differences		Partners TBD		
senior's	Age Friendly training is	• # of training sessions	SP: St. Aidan's	Short-	
transportation	provided for	• # of training participants		Term	
needs	transportation service				
	providers and partners				
Priority Area:	Community Transportation	n Services			
Goal:	Community transport serv	ices are available and affordable for	seniors.		
Ensure affordable,	Develop a continuum of	• # of volunteer program drivers	CS: St. Aidan's	Long-	
safe, and accessible	affordable community	• # of seniors' alternative	<b>CS:</b> Other Partners	Term	
community and	transportation services	transportation services available	TBD		
alternative					

transportations	Facilitate access to and	• #SMART Bus monthly data	SP: RMWB- (CSD,	Medium-
services for Older	use available information	SMART Bus Handbook annual	Transit	Term
Adults are available	and resources about	update	CS: St. Aidan's,	
in the community	senior's transportation	Seniors' resource guide	Other Partners TBD	
	services	updated		

	ty Supports and Health Serv				
Priority Area:	Diversity of Health Service				
Goal:	Older adults have access to a wide range of affordable in-home supports and health services.				
Strategy	Proposed Action(s)	Measurement indicators	Strategic Partner/Stakeholder (s)	Timeline	
Ensure that seniors have access to a wide range of services and information about medical professionals and specialists	Promote existing services and provide information to older adults in different formats including language translation  Advocate and lobby for required health services	<ul> <li># of new health care services for seniors.</li> <li>maintained updated list of accessibility list of existing services</li> <li># of new specialist services available in town</li> </ul>	SP: RMWB (communications, & CSD) CP: AHS, St. Aidan's, Other Partners TBD	Short- Term  Medium Term	
	(i.e., specialist services in town)				
Promote education and training specific to the needs of older adults, among those providing community support and health services	Support programs that train and prepare older adults, service providers for emergency disaster response	<ul> <li># of Elder care and abuse awareness training sessions</li> <li># of Age-Friendly training sessions</li> <li># of VPR-Info sessions</li> <li>#Seniors Registered</li> </ul>	SP: RMWB (ESS) CS: St. Aidan's, Other Partners TBD	Short- Term	
Priority Area:	In-home support and Com	munity Service Delivery			
Goal:		d to maintain independence.	us s		
Ensure that seniors in-home and community supports, and services are available, affordable, and are appropriate.	Promote seniors in-home support programs and community services that support seniors with range of and complex needs	<ul> <li># of seniors' healthy and community Services</li> <li># Home care visitations &amp; programs in the community</li> <li>#Check-in and Drop-in programs</li> <li>Meals on wheels programs</li> </ul>	ST: AHS, St. Aidan's, Other Partners TBD	Medium Term	

Ensure seniors are informed and aware of health and wellness activities that promote physical and mental wellbeing.	Promote and advocate for health and wellness initiatives that promote and inform seniors of educational opportunities/programm ing that allow them to live as independently as possible regardless of living situation	<ul> <li># of health and wellness sessions</li> <li>Seniors have an increased awareness of benefits of healthy living physically and mentally</li> </ul>	AHS St. Aidan's Other Partners TBD	Long Term
Older adults are	-	# of communities participating	SD: DM/WD (CSD, IDD	Medium-
	Support rural	# of communities participating	SP: RMWB (CSD, IRR,	
safer from	communities to develop	#Seniors supported	Communications)	Term
preventable injury	and coordinate Snow	#Snow Helper Volunteer	<b>CS:</b> Other Partners	
in and around their	Helper Program		TBD	
homes	Collaborate with	• # of fall prevention sessions	SP: RMWB (ESS)	Medium-
	partners to develop and	• # of seniors participating in	<b>CS:</b> Other Partners	Term
	implement strategies to	home fire safety inspection	TBD	
	coordinate in-home			
	safety check			
	,			

Domain#4: Social Pa	rticipation				
Priority Area:	Connection and Engageme	Connection and Engagement			
Goal:	Older adults are socially a	Older adults are socially and physically active and are connected to community.			
Strategy	Proposed Action(s)	Measurement indicators	Strategic Partner/Stakeholder (s)	Timeline	
There are opportunities for older adults to participate and interact with other people in the	Encourage and support community programs that engage seniors to enhance their social connections and mental well-being.	<ul> <li># of programs offering Check-in and drop-in services</li> <li># of seniors' engagement and social programs</li> <li># Seniors accessing services.</li> </ul>	SP: RMWB (ESS) CS: St. Adan's, Other Partners TBD	Short- Term	
community socially and Physically.	Create and design affordable and accessible community activities and programs that promote physical and social wellbeing opportunities for seniors	<ul> <li># of senior activities</li> <li># community in-person or virtual programs</li> <li># of participants</li> </ul>	CS: St. Adan's Partners TBD	Short- Term	

Priority Area:	Continue to consult and engage senior citizens on community initiatives that affect their wellbeing.  Affordability and Accessib	<u> </u>	SP: RWMB (Communication & Engagement) CP: Other partners TBD	
Goal:	Establish accessible and uppractices	niversal design of programs and facil	ities as a framework of	best
Ensure that	Continue to support the	Complete a comprehensive	SP: RMWB (CSD, &	Medium-
information,	implementation of	accessibility audit	P&D), ACoA	Term
programs and	barrier-free building	#Barrier-free/accessible and	<b>CP:</b> Other partners	
facilities are	design.	designated Parking stalls	TBD	
accessible and are	Develop and promote	#of policies supporting		Long-
affordable for	universal and	Universal Design		Term
older adults and	accessibility design	Universal design guide		
older adults with	guide.	Promotional practices		
disabilities		• # of new buildings adopting the		
		guidelines		

Domain#5: Civic Par	Domain#5: Civic Participation and Employment Opportunities					
Priority Area:	Volunteer Opportunities	/olunteer Opportunities				
Goal:	Seniors' skills are valued a	and respected as volunteers.				
Strategy	Proposed Action(s)	Measurement indicators	Strategic Partner/Stakeholder (s)	Timeline		
Ensure there is a range of volunteer opportunities available and supported for	Raise awareness about the benefit of seniors' contribution and participation on boards/committees	<ul><li># of awareness campaigns</li><li># of seniors volunteer</li><li>opportunities</li></ul>	SP: RMWB(CSD) CS: ACoA, Other partners to be identified	Medium- Term		
seniors to participate.	Continue to support and enhance seniors volunteer appreciation opportunities	<ul> <li># of seniors recognized</li> <li># of volunteer recognition events</li> <li># of partnership programs</li> </ul>	SP: Other Partners TBD Partner: RMWB (CSD)	Short- Term		
Priority Area:	Age-Friendly and Inclusive	Workplace				
Goal:	Seniors' skills are valued a	and respected as employees.				

Strategy	Proposed Action(s)	Measurement indicators	Strategic Partner/Stakeholde r(s)	Timeline
Ensure that	Develop and promote an	Age-Friendly Business		Long-
seniors' skills and	Age-Friendly business	Recognition program completed	CS: ACoA, Other	term
attributes are	recognition program	# of businesses participating	Partners TBD	
recognized and		#of seniors supported through		
appreciated in the		the program		
community.	Collaborate with local	• increased seniors' priority	SP: Other Partners	Long-
	businesses to adopt age-	parking	TBD	Term
	friendly business	# of Age-Friendly businesses		
	practices	• # of staff trained		
Priority Area:	Civic Participation			•
Goal:	Seniors are well represent	ed in both public and support organi	zations, and seniors hav	e a voice
	in the decisions that affect	t their community.		
Strategy	Proposed Action(s)	Measurement indicators	Strategic	Timeline
			Partner/Stakeholder	
			(s)	
Encourage public	Engage and consult	# engagement sessions	<b>SP:</b> RMWB, ACoA	Short-
and support	seniors on the	• # of consultation sessions	<b>CS:</b> Other Partners	Term
organizations to	community development		TBD	
engage and involve	initiatives			
older adults in the	Conduct awareness	# of sessions conducted	<b>SP:</b> St. Aidan's,	Short-
community	workshops and Age-	# of organizations	Others <b>CS</b> : RMWB	Term
decisions and	Friendly training to	# of participants	(CSD &	
initiatives.	public and support		Communications),	
	organizations		TBD	
	Promote existing	• # of civic engagement		Short-
	opportunities and	opportunities		Term
	increase seniors'	AcoA By-law amendment		
	representation in both			
	public and support			
	organizations			1

Domain#6: Respect and Social Inclusion					
Priority Area:	Intergenerational Respect and Interactions				
Goal:	Older adults are valued and are treated with respect.				
Strategy	Proposed Action(s)	Measurement indicators	Strategic Partner/Stakeholder(s)	Timeline	
Establish opportunities, and programs that supports intergenerational interaction, mental health and social connection.	Facilitate and promote community wide education and awareness campaign to combat ageism and stereotypes  Establish a recognition program for the contributors/champions of seniors' quality of life in Wood Buffalo	<ul> <li># of Age-Friendly training sessions</li> <li># of participants</li> <li># of older adult activities/ events</li> <li># of intergenerational Programs and activities</li> <li># of specific campaigns</li> <li># of annual events</li> <li># of community contributors/champions</li> <li># of seniors' week events</li> </ul>	SP: St. Aidan's, RMWB (CSD) CP: AHS, Other Partners TBD  SP: Other Partners TBD CP: Other Partners TBD	Medium- Term  Long- Term	
Priority Area:	Social Inclusion				
Goal:	Older adults have access to opportunities to participate and contribute to the community.			nity.	
Ensure that community activities, events, programs and facilities are accessible, affordable and are inclusive.	Create and foster cultural, social, and recreational educational programs and activities	<ul> <li># of cultural activities for older adults</li> <li># of participating community organizations</li> <li># of senior inclusive programs</li> </ul>	<b>CP:</b> St. Aidan's, Other Partners TBD	Short- Term	

Domain#7: Communication and Information					
Priority Area:	Accessible Information				
Goal:	Information is accessible, reliable, and available for seniors, caregivers, and support providers.				
Strategy	Proposed Action(s)	Measurement indicators	Strategic	Timeline	
			Partner/Stakeholder(s)		
Ensure seniors	Promote and maintain	# of resource guides	SP: RMWB (CSD &	Short-Term	
have access to	existing information	distributed	Communications)		
information,	media/channels (Such as		<b>CS:</b> St. Aidan's		

resources, and	MAC Calendar, Seniors'	• # of media		
services	Resources Guide)	engagement/visits		
available in the		<ul> <li>#languages translated</li> </ul>		
community to	Enhance and continue	active information	SP: St. Aidan's	Short-Term
	support of information-	sharing networks	(Interagency Meeting),	
	sharing network for older	• # of support	Other Partners TBD	
	adult service providers	organizations		
		participating		
	Gaps and barriers to	# of programs supporting	SPs: St. Aidan's AHS	Short-Term
	COVID-19 information and	seniors with COVID-19		
	resources are identified	Information	RMWB	
	and addressed.	• #COVID-19 resources		
		provided to seniors		
		• # of Seniors supported		
Enhance	Promote collaboration	• # of technology literacy	SP: TBD	Short &
opportunities	among community	classes for seniors	CS: TBD	Medium-
for digital	organization to improve	• # of community		Term
access,	technology literacy and	organizations with tech		
information and	ensure that internet and	literacy classes		
technology	computer services are	• # of seniors signed-up		
literacy for older	accessible, affordable and	and supported		
adults	available for older adults			
Priority Area:	Widespread Communication			
Goal:		mation in all desirable forma	T	T
Ensure that	Use Age-Friendly	<ul> <li>Update seniors web</li> </ul>	SP:	Short-Time
information is	formatting and designing	page	RMWB(Communications)	
available in a	practices for website	<ul> <li>easy access tab for</li> </ul>	CS: Other Partners TBD	
variety of	information and other	older adult resources		
formats and in	publications.			
contexts that	Support and provide	Close Captioning	<b>SP</b> : RMWB (CDS,	Long-Term
			Legislative Services &	
are inclusive of	alternative accessible	Services available for	Legislative Services &	
older adults'	alternative accessible communication and	Services available for Council meetings and	Communications)	
			_	
older adults' interests and it is easily	communication and	Council meetings and	Communications)	
older adults' interests and it	communication and information sharing (i.e.,	Council meetings and other municipal virtual	Communications)	
older adults' interests and it is easily	communication and information sharing (i.e., Closed Captioning Service,	Council meetings and other municipal virtual events.	Communications)	

or Spaces and Buildings				
Accessible Buildings, Public Restrooms and Rest Areas				
Outdoor spaces and community buildings are designed and maintained to be Age-Friendly safe,				
and accessible.				
Proposed Action(s)	Measurement indicators	Strategic	Timeline	
Support and promote	<ul><li>universal design guide</li></ul>	<b>SP:</b> RMWB (P&D, CSD)	Long-	
the development of	developed and promoted	Partners: ACoA, Other	Term	
universal and	<ul><li># of accessible universal</li></ul>	Partners TBD		
accessibility design	designed facilities, and indoor			
	and outdoor spaces			
Increase number of	# of age-friendly seat/benches		Long-	
accessible rest areas	installed in public spaces,		Term	
and accessible public	parks, and trails			
restrooms	#of accessible restrooms			
	available			
Sidewalks, Parks and Tr	ails			
Parks, Pathways, trails are maintained to be safe, clear, and are accessible.				
Follow the Age-	• # of new curb cuts completed	SP: RMWB (Public	Short-	
Friendly standards	<ul><li># of repaired and maintained</li></ul>	works, Parks)	Term	
and universal design	sidewalks and trails			
practices repairing	Barrier free designed outdoor			
and installing curb	spaces			
cuts, sidewalks and				
designing Outdoor				
spaces				
Support rural	• # of Snow Angel Volunteers	SP: RMWB (CSD)	Medium-	
communities to	• Communities signed up for the		Term	
develop, adopt and	Snow Angel Program			
coordinate Snow	• #of seniors served			
Angle Program in their				
	Accessible Buildings, Purchason Corrections  Support and promote the development of universal and accessibility design  Increase number of accessible rest areas and accessible public restrooms  Sidewalks, Parks and Trender Parks, Pathways, trails and universal design practices repairing and installing curb cuts, sidewalks and designing Outdoor spaces  Support rural communities to develop, adopt and coordinate Snow	Accessible Buildings, Public Restrooms and Rest Areas Outdoor spaces and community buildings are designed an and accessible.  Proposed Action(s)  Support and promote the development of universal and accessibility design  Increase number of accessible rest areas and accessible public restrooms  Follow the Age-Friendly standards and universal design yards, and trails Parks, Pathways, trails are maintained to be safe, clear, are follow the Age-Friendly standards and universal design practices repairing and installing curb cuts, sidewalks and designing Outdoor spaces  Support rural communities to develop, adopt and coordinate Snow  Measurement indicators  • universal design guide developed and promoted  • # of accessible universal design designed facilities, and indoor and outdoor spaces, parks, and trails  # of age-friendly seat/benches installed in public spaces, parks, and trails  # of accessible restrooms available  Sidewalks, Parks and Trails  Parks, Pathways, trails are maintained to be safe, clear, are of repaired and maintained sidewalks and trails  • # of new curb cuts completed  • # of repaired and maintained sidewalks and trails  • Barrier free designed outdoor spaces  Support rural communities to develop, adopt and coordinate Snow  • # of Snow Angel Volunteers  • Communities signed up for the Snow Angel Program  • # of seniors served	Accessible Buildings, Public Restrooms and Rest Areas  Outdoor spaces and community buildings are designed and maintained to be Age-Frand accessible.  Proposed Action(s)  Measurement indicators  Strategic Partner/Stakeholder(s)  Support and promote the development of universal and accessibility design  # of accessible universal designed facilities, and indoor and outdoor spaces  Increase number of accessible rest areas and accessible public restrooms  # of age-friendly seat/benches installed in public spaces, parks, and trails # of accessible restrooms available  Sidewalks, Parks and Trails  Parks, Pathways, trails are maintained to be safe, clear, and are accessible.  Follow the Age- Friendly standards and universal design practices repairing and installing curb cuts, sidewalks and designing Outdoor spaces  Support rural communities to develop, adopt and coordinate Snow  Measurement indicators Strategic Partner/Stakeholder(s) SP: RMWB (P&D, CSD) Partners: ACoA, Other Partners TBD  Spratners: ACoA, Other Partners TBD  ** of age-friendly seat/benches installed in public spaces, parks, and trails # of accessible restrooms available  Sidewalks, Parks and Trails  Parks, Pathways, trails are maintained to be safe, clear, and are accessible.  ** of of new curb cuts completed ** # of new curb cuts completed ** # of repaired and maintained sidewalks and trails ** Barrier free designed outdoor spaces  Support rural communities to develop, adopt and coordinate Snow  ** of Snow Angel Volunteers ** Communities signed up for the Snow Angel Program ** # of seniors served	

# **Implementation Approach**

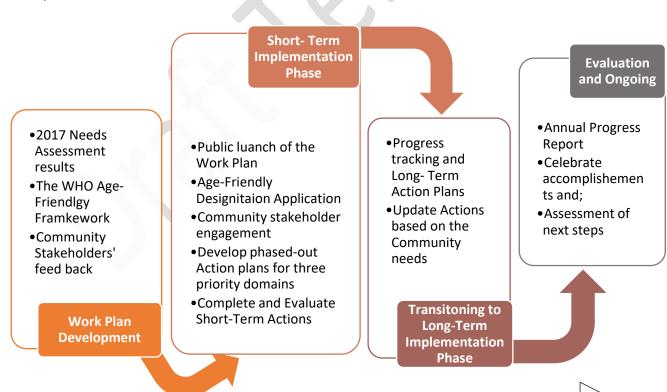
This Work Plan identifies strategies and measurement indicators for each goal and a series of actions to achieve those goals. That plan requires collaborative efforts from both internal and external stakeholders to assist in carrying out the actions. The implementation approach outlines the implementation path, Work Plan leadership, and the implementation structure.

The implementation process will begin with a public launch of the Work Plan and a short-term transition phase. ACoA will pursue Wood Buffalo as an Age-Friendly recognition from the Government of Alberta and the World Health Organization; the implementation Plan will focus on high priority domains and short-term actions.

The strategic partners and community stakeholders will develop phased-out implementation action plans, and evaluation framework from the Work Plan proposed actions and measurement indicators. In the short term, ACoA is prioritizing the implementation of the Work Plan's three domains, including Housing, Community supports and Health services, and Social Inclusion. The Work Plan will transition to a Long-term implementation phase to achieve the remaining domains' medium- and long-term actions.

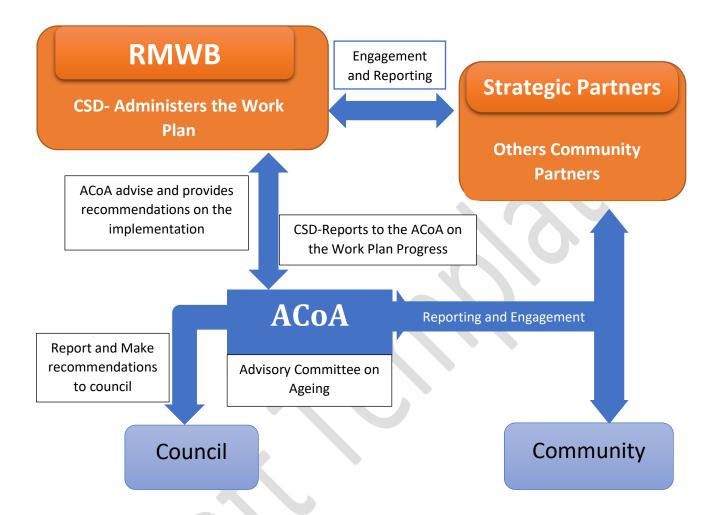
This Work Plan is a living document. It requires ongoing processes such as ongoing seniors, citizens, stakeholder engagement and evaluation processes, and an update to include new partners, actions, and emerging community needs.

### Implementation Path



Ongoing implementation process including Stakeholders and Community engagement and Updating the actions based on the need

### Wok Plan Implementation structure



# **Progress & Evaluation Framework**

Strategic partners and community stakeholders will develop an evaluation framework for the proposed actions and measurement indicators. These should include both reporting process, outcome measurement, and progress tracking. Reporting process evaluation will focus on measuring and improving the effectiveness of implementation to support continuous improvement. Outcome measurement will evaluate positive impact change to words Age-Friendliness of the community and measures changes in seniors' well-being

ACOA will provide an Annual Progress update. This will highlight progress made towards the Age-Friendly Work Plan proposed actions and measurement indicators. The report will be presented to Council and will be made available to the public.



For more information on Wood Buffalo Age- Friendly Work Plan, Contact:

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