

2020 Games Legacy Grant Application for Grant Funding

This grant program has specific eligibility requirements. The Application Form should clearly show how the Applicant or Application meets these requirements. The Application Form, including all required attachments, must be received by the closing date. **Late or incomplete applications will not be processed (Community Investment Program Policy FIN-220, Section 3.1.5).**

In order to complete this application for funding, please read the 2020 Games Legacy Grant Guidelines thoroughly.

If you have reviewed the 2020 Community Impact Grant Guidelines and have any questions regarding this application form or eligibility, please contact CIP@rmwb.ca.

Applicant Name: _____ Leah Reitz _____

This application is being submitted for consideration for:

Developmental Activities: To assist with costs and encourage developmental activities in amateur sport or the arts.

Complete
Pages 1-5 & 9



Travel & Accommodations: To assist with travel and/or accommodation costs for competitions where the applicant has qualified to compete.

Complete
Pages 1-2 & 6-9



(Applicants may apply for both streams, however the maximum per applicant remains the same: Individuals or Coaches will not exceed \$1,500 and Teams or Groups will not exceed \$3,000)

Declaration: In making this application, I the undersigned, confirm:

Main
Contact
Initials:

- that I have read the Games Legacy Grant Guidelines;
- that I believe the applicant meets the requirements of the Games Legacy Grant;
- that the costs provided are fair and accurate;
- that I understand that this application form must be completed in full and received before 4:30 p.m. MT on Monday, September 23, 2019;
- that I understand that this application form and any attachments shall be part of the public Council agenda and accessible through all methods that the Council agenda is available;
- that I understand the term of the Games Legacy Grant is January 1, 2019 to December 31, 2020 and that all expenditures must happen during this term;
- that I agree to fulfil the total commitments and requirements attached to this grant including the submission of the receipts to the Community Investment Program within two months following the activity or grant approval; and
- that should I not complete the activities proposed in this application, I will refund promptly, and in full, the total grant awarded.

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I do hereby certify that to the best of my knowledge, this application contains a full and correct account of all matters stated herein.



Signature of Main Contact

2019-09-22

Date: (YYYY-MM-DD)

2020 Games Legacy Grant

Applicant Details	
Applicant Name: <i>(Individual, team, or group)</i>	Leah Reitz
Applicant Age Category:	<input type="checkbox"/> Youth (0-17 years old) <input checked="" type="checkbox"/> Adult (18+ years old)
If Applicant wishes to declare as Indigenous, please select:	<input type="checkbox"/> First Nation (status) <input type="checkbox"/> First Nation (non-status) <input type="checkbox"/> Métis <input type="checkbox"/> Inuit
Number of members: <i>(If applicant is team or group)</i>	
Street Address:	17(1)
City/Hamlet:	Fort McMurray
Province:	Alberta
Postal Code:	T9H3G3

Applicant:

- has resided within the geographic boundaries of the Municipality for a minimum of one year;
 is a team or group with all members residing within the geographic boundaries of the Municipality; or
 is a registered non-profit organization that has operated in the Municipality for at least one year.

Applicant is:

- | | | |
|---|--|---|
| <input type="checkbox"/> Minor Individual | <input checked="" type="checkbox"/> Adult Individual | <input type="checkbox"/> Coach/Instructor of Minor(s) |
| <input type="checkbox"/> Minor Team/Group | <input type="checkbox"/> Adult Team/Group | <input type="checkbox"/> Coach/Instructor of Adult(s) |

If grant is approved, make cheque payable to:	Leah Reitz
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Main Contact for Application	
Title: <i>(Applicant, Parent/Guardian, Coach, Manager, etc.)</i>	Leah Reitz
Name:	Leah Reitz
Daytime Phone:	17(1)
Email Address:	17(1)

**Completed Application Forms and Required Attachments are to be submitted to the
Community Investment Program at the Regional Municipality of Wood Buffalo**

By Email: CIP@rmwb.ca

The personal information collected in this application is collected under the authority of section 33(c) of Alberta's Freedom of Information and Protection of Privacy (FOIP) Act. It will be used to process the application and contact you if needed, during the review of this application. If you have any questions about the collection and use of the personal information you may contact the Manager, Community Investment Program, at 9909 Franklin Avenue, Fort McMurray, AB T9H 2K4 or at (780) 743-7918.

2019 Games Legacy Grant - Developmental Activity Application

Applicant is applying to:

- Attend a course or clinic that is not available within the Municipality, for the purpose of acquiring or upgrading skills.
- Bring in an individual to the Municipality to train a coach or instructor ("train the trainer") of athletes, performers, artists, teams or groups to upgrade skills beyond what is available locally.
- Send a coach or instructor of minors for training/instruction, that is not available locally, with the intent to bring skills back to be taught in the community.
- Bringing in an individual to the Municipality to provide specific short-term developmental/instruction to coach/train an athlete, performer, artist, team or group to upgrade skills beyond what is available locally.
- Host a new or innovative skills development activity or program which will enhance the appreciation of sport, culture, or the arts for minors.

Developmental Activity Information

Name of Program/Project: ULLR Whistler Camp

Beginning Date (YYYY-MM-DD): 2019-08-21

Completion Date (YYYY-MM-DD): 2019-08-28

Location: Whistler, BC

Provide a description of the activity including any objectives and/or community benefit OR attach a brochure or activity outline (space continues on next page) :

The camp was a eight-day high volume, intensity, altitude camp, which included multiple workouts a day. This camp allowed me to meet and train one-on-one with my coach and do instant technique review. A typical day at the camp would include a morning workout with technique and video review and sometimes an intensity sessions then a small lunch break before finishing off the day with a afternoon workout.

Attached is a detailed schedule that we followed for the camp.

Camps like this also are a learning experience for me in the coaching aspect, being around many highly qualified coaches I gain knowledge from them coaching me. I then use what I have learned in the coaching aspect to coach the Ptarmigan Nordic Development team here town, by doing this it helps not only myself my advancing my coaching ability's but also to further them in their development as skiers and athletes. To give them the same coaching knowledge that their competitors receive to make them more competitive in their field.

(continued from previous)

Describe how these short-term programs or activities are beyond the applicants' regular on-going training or instruction.

I was able to work with a highly qualified coach that is nationally and provincially recognized in cross country skiing, by attending this camp I was able to get coaching from him that I otherwise would not have received. When I train here in town I cannot get technique review/tips when I'm out training on a day to day bases because my training is all done without a coach present, this camp gave me the opportunity to have one-on-one coaching with him as well as instant technique review. A good portion of my training here in town I do alone, by attending this camp I was able to train with and against other athletes from Southern/Central Alberta that I compete against in the winter, some of which are on the Canadian JR National Ski Team. With the location of the camp being in Whistler BC it provided high altitude training at which most competitions are held at. There was also two coaches that camp out to Whistler to coach at the camp who are ex-national team members for Canada who both competed at the Olympics in Cross Country Skiing who came out to Whistler to coach the camp, namely Jessie Cockney and Annika Hicks.

Developmental Activity Financial Information

Revenue	
Type of Revenue	Amount
Registration/Participation Fees	
Other Fees	
Fundraising Activities (specify below):	
Bingos	
Raffles	
Other (please specify):	
Donations (do not include in-kind, only monetary donations)	
Individual Donations:	
Group or Businesses:	
Grants:	
Federal Government:	
Provincial Government:	
Other Grant (please specify):	
Other Grant (please specify):	
Other Grant (please specify):	
Other:	
Other:	
Other:	
Total (A)	\$ 0.00

Examples of Expenses: Presenter/Instructor fees, registration fee if attending a course, facility or rental fee, travel costs, accommodation/meals, material or supplies, or other specific items.

Expenses	
Type of Expense	Amount
Flight	531.56
Registration Fees	950.00
Meals/Food	301.54
Bus Shuttle	145.15
Total (B)	\$ 1,928.25
Surplus / (Shortfall) (A-B)	(\$ 1,928.25)

Total Grant Request

	Developmental Activities	Travel & Accommodation	Total Grant Request**
Amount Requested:	1,500.00		\$ 1,500.00

**Maximum request for individuals is \$1,500

**Maximum request for teams/groups is \$3,000

Additional Information

Provide any additional information that may give a better understanding of your application during the grant review (optional).

I have to travel to Calgary/Canmore for my training camps and most competitions. Which means I am gone for 7-14 days a month (at least) in the summer and every 2nd-3rd weekend in the winter for competitions most of which I have to fly to, I also am in need of \$3000+ in equipment this season. My skiing costs upwards of \$10,000 a season, which I solely have to pay. I am working on completing my apprenticeship here in town while training and competing at a National level. I won the Jr women aggregate award for most points last season for the Alberta Cup race series. I also attended 2019 Canadian Ski Championships last March in which I placed 15th in the 20km Classic race and finishing as the top Albertan JR women, I also competed in the team sprint, on a team with my brother Jared representing the Ptarmigan Nordic Ski Club in which we finished in 7th place being the 4th Canadian team.

I am a volunteer coach (NCCP certified level 1) for the Ptarmigan Nordic Development team here in town, and I use any piece information I gain with my training and share it with the athletes I coach to help them in their development.

Completed and Signed Applications are to be submitted:

In Person or By Mail:
Regional Municipality of Wood Buffalo
Community Investment Program
Community Services
9909 Franklin Avenue
Fort McMurray, AB T9H 2K4

OR

By Email:
CIP@rmwb.ca

LATE or INCOMPLETE applications will not be processed
(Community Investment Program Policy FIN-220, Section 3.1.5)

ULLR Whistler Camp Schedule

August 21st

9:00AM (2hrs - 2.5hrs)

Classic Ski up WOP road, ski RS track. 10x10 sprints in middle of session.

4:00PM (1 - 1.5hrs)

Depart for Z1 run on Lost Lk trails

10:00PM

Wildwood Lodge

Lights out, back in rooms.

August 22nd

9:00AM (2hrs - 2.5hrs)

Zone3Skate RS on WOP Rd and track. 1x40/1x30/1x25

10:00PM

Wildwood Lodge

Lights out, back in rooms.

August 23rd

9:00AM (4hrs)

Long Z1 in mtn terrain.

3:00PM (1hr)

Recovery Classic ski on WOP rd.

10:00PM

Wildwood Lodge

Lights out, back in rooms.

August 24th

9:00AM (4hrs)

Z1 Classic RS + Run @ WOP

4:00PM (1.5hr)

Skate RS at WOP. Tech groups. Finish with group sprints.

10:00PM

Wildwood Lodge

Lights out, back in rooms.

August 25th

9:00AM (4hrs)

Z1 run in MTN terrain.

10:00PM

Wildwood Lodge

Lights out, back in rooms.

August 26th

9:00AM (2hrs - 2.5hrs)

Classic Ski zone3 on WOP Rd and track. 1x40/1x30/1x25

10:00PM

Wildwood Lodge

Lights out, back in rooms.

August 27th

9:00AM (4hrs)

Long Z1 in mtn terrain.

4:00PM (2hrs)

Depart Wildwood for run/swim

August 28th

9:00AM (4hrs)

Hike/Run to Wedgemont Lk

Est Volume: ~30hrs