

The Hub Family Resource Centre
2020 Community Impact Grant Analysis

CIP Grant Summary:

2017	2018	2019	2020 Request	2020 Recommended by CIP	Variance Recommended vs. Requested
32,500	32,000	32,500	77,000	77,000	-

Fiscal Year End	Total Expenses	Unrestricted Net Assets
March 31, 2019	1,934,616	152,245

Notes:

Prenatal and Postpartum Support Services - Pre natal and postnatal classes, mom and baby workshops

Budget Line Description	2020 Total Budget	2020 Budget Request	2020 Recommended
Revenues			
RMWB Community Impact Grant	77,000	77,000	77,000
Total Revenues	77,000	77,000	77,000
Expenses			
Wages and Related Expenses	67,985	67,985	67,985
Program Food, Materials and Delivery Costs	4,215	4,215	4,215
Advertising and Promotions	2,500	2,500	2,500
Gas	2,000	2,000	2,000
Office Supplies	300	300	300
Total Expenses	77,000	77,000	77,000
Total Surplus (Deficit)	\$ -	\$ -	\$ -



2020 Community Impact Grant - Community Programs and Projects Application for Grant Funding

The grant program under which your organization is applying has specific eligibility requirements. The Application Form should clearly show how the proposed program or project meets these requirements. The Application Form, including all required attachments, must be received by the closing date. **Late or incomplete applications will not be processed (Community Investment Program Policy FIN-220, Section 3.1.5).**

In order to complete this application for funding, please read the following thoroughly:

- 2020 Community Impact Grant Guidelines
- 2020 Community Impact Grant - Community Programs & Projects Application Checklist

If you have reviewed the 2020 Community Impact Grant Guidelines and have any questions regarding this application form or eligibility, please contact CIP@rmwb.ca.

Organization Name: The Hub Family Resource Centre

Declaration: In making this application, we, the undersigned, confirm:

*Board Member(s) and/or
Executive Director Initials:*

- that we have read the Community Impact Grant Guidelines;
- that we understand that this application form and all attachments shall be part of the **public** Council agenda and accessible through all methods that the Council agenda is available;
- that we understand that this application form and all required attachments must be completed in full and received before 4:30 p.m. MT on Monday, September 23, 2019;
- that we understand the term of the Community Impact Grant is January 1 to December 31, 2020 and that all expenditures must happen during this term; and
- that we are authorized by the applicant organization to complete the application and hereby represent to the Regional Municipality of Wood Buffalo's Community Investment Program and declare that to the best of our knowledge and belief, the information provided is truthful and accurate, and the application is made on behalf of the above-named organization and with the Board of Directors' full knowledge and consent.

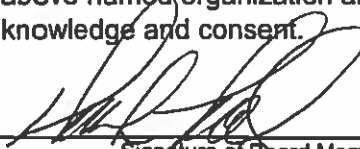
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Signature of Board Member
(must have signing authority)



Signature of Board Member or Executive Director
(must have signing authority)

Derrick Trotter

Print Name

Samantha Simpson

Print Name

2019-09-16


Date: (YYYY-MM-DD)

2019-09-16

Date: (YYYY-MM-DD)

Community Programs and Projects Part A - Organization Summary

1. Organization Details

Organization Name:	The Hub Family Resource Centre
Street Address:	6-118 Millennium drive
City/Hamlet:	Fort McMurray
Province:	Alberta
Postal Code:	T9K2S8
Phone Number:	780-743-9225 ext 1
Email Address:	s.simpson@thehubfrc.ca
Act Registered Under:	Societies Act (Alberta) 
Registration Number:	86014-0540RR0001

Note: Organization must be in good standing to receive funding.

2. Main Contact

Title:	Executive Director
Name:	Samantha Simpson
Daytime Phone:	780-743-9225 ext 1
Email Address:	s.simpson@thehubfrc.ca

3. Executive Director

Name:	Samantha Simpson
Daytime Phone:	780-743-9225 ext 1
Email Address:	s.simpson@thehubfrc.ca

4. Board Chair / President

Name:	Derrick Trottier
Daytime Phone:	s.17 (1)
Email Address:	s.17 (1)

Note: Should any of the contact details in Questions 2 to 4 change before December 31, 2020, please advise the Community Investment Program at CIP@rmwb.ca

Community Programs and Projects Part B - Board Questionnaire

5. How often does the Board review the financial position of the agency? What efforts have been made in the past fiscal year to increase the number and types of financial support for your organization?

The Board of Directors reviews the financial position of the agency at monthly board meetings.

The Hub Family Resource Centre has applied for new streams of funding to support programs that are currently being offered through fire recovery funding. The Hub has also increased our fundraising goal and efforts this year.

6. Organization's most recent Fiscal Year End date (YYYY-MM-DD): 2019-03-31

Unrestricted net assets from your Financial Statements ending 2019-03-31 \$ 0.00

(Accumulated surplus that the Board has not set aside for a particular purpose)

Total Expenses from your Financial Statements Ending 2019-03-31 \$ 1,934,616.00

7. Does your organization have financial reserves greater than the last fiscal year's operating expenses? If so, explain why.

The Hub Family Resource Centre does not have financial reserves greater than the last fiscal year's operating expenses.

8. What are the restrictions (if any) on becoming a member of your organization and/or participating in programs or services?

There are no restrictions on becoming a member and/or participating in Hub programs or services

9. Minimum number of board members according to bylaws: 5

Number of board members: Currently: 8 2018: 7 2017: 7

How often does the Board of Directors meet? A minimum of 9 times per year

10. Please list your current Board of Directors:

Name	Board Position	Years on Board
Derrick Trottier	President	2.00
Robert Fisher	Treasurer	3.00
Shannon Noble	Secretary	2.00
Michelle Jessome	Board Member	2.00
Natalie Abriel	Board Member	3.00
Kate Buczulak	Board Member	3.00
Vicki Goulah	Board Member	0.50
Jadene Spitzer	Board Member	0.10

11. Are any Board members being paid, or receiving an honorarium for being on the Board or for other positions in the organization outside of their role on the Board? Yes ☐ No ☒

If yes, complete the following table:

Board member name	Paid role in the board / organization	Amount received

The personal information collected in this application is collected under the authority of section 33(c) of Alberta's Freedom of Information and Protection of Privacy (FOIP) Act. It will be used to process the application and contact you if needed, during the review of this application. If you have any questions about the collection and use of the personal information you may contact the Manager, Community Investment Program, at 9909 Franklin Avenue, Fort McMurray, AB T9H 2K4 or at (780) 743-7918.

Community Programs and Projects

Part C - Proposed Program or Project Details

12. **Program or Project Name:** Prenatal and Postpartum Support Services

13. **Beginning Date (YYYY-MM-DD):** 2019-01-01

14. **Completion Date (YYYY-MM-DD):** 2020-12-31

Note: The term of the Community Impact Grant is January 1 - December 31, 2020. The program or project and all expenditures must occur during this term.

15. **What activities will be part of the program or project? Please provide details:**

- Use headings if applying for more than one program or project;
- List specific activities of each program or project; and
- Include details such as location(s), number of sessions, length of sessions, etc.

(additional space continues on next page)

As a component of the Family Access Services department, The Hub Family Resource Centre offers Prenatal and Postpartum Support Services that educate parents and build capacity and allow parents to foster healthy relationships with their children and partner. The intended outcomes of the services are improved well-being of families, individuals, and children as well as improved social well-being of community. The Hub Family Resource Centre is applying to maintain this program in-centre and throughout Wood Buffalo.

The Prenatal and Postpartum Support Services project includes wellness initiatives to support maternal mental health, relationship-based programs for new parents, and prenatal programs that prepare parents for what to expect in the first year of life.

The First Things First program, a four-week series of prenatal classes that helps parents prepare for childbirth, emotional and physical postpartum recovery, breastfeeding, newborn care and early parenting skills, will continue to be offered a minimum of four times per year in-centre. This program will be offered in rural communities on an as-needed basis to fill gaps that are not being covered by other agencies.

The Bringing Baby Home program, a research-based workshop that prepares couples for life with baby and helps them to be the best parenting team possible, will continue to be offered as a series of four workshops in-centre a minimum of three times per year. This program will be offered in rural communities as one-time workshops a minimum of 6 times per year.

Moms Matter, a Maternal Mental Health program offers a safe and encouraging space for expectant and new mothers to learn strategies to help through the ups and downs of motherhood. We will utilize the resource Mothers' Mental Health Toolkit: A resource for the community to provide education topics. Mothers complete interactive exercises and can share their own journey through motherhood in order to increase their network of support.

Take-home materials for each topic will be provided, mindfulness and relaxation techniques are part of each session, and activities that support mother-infant attachment and infant development can be included. These could include, but are not limited to: Infant massage, mom and baby yoga, mom and baby song time. This program will continue to be offered weekly in-centre in collaboration with Public Health.

A community-specific version of perinatal programming will be offered in an outreach setting, including rural communities, a minimum of weekly.

15. (Continued from previous page)

Once per year The Hub Family Resource Centre will continue to offer a Healthy Pregnancy Fair in Fort McMurray that allows expectant parents to come together to learn how to stay healthy during pregnancy, childbirth, and baby's first year. This day highlights other agencies and community partners that provide services for young families as well.

The Hub Family Resource Centre has established a partnership with Alberta Health Services Early Intervention program to work together in rural communities to meet the needs of new parents by offering community-specific perinatal programming. This partnership will bring service providers together to help families in rural communities have increased access to programs and services by bringing them together in a single setting. The Hub's Prenatal and Postpartum Support Services will provide programming in conjunction with Alberta Health Services for new parents. This will allow for Early Intervention to assess children with developmental delays as necessary and support their families in comfortable and familiar settings.

16. What objective(s) of the Community Program and Projects stream does this program or project address? (Check all that apply)

- ☐ To provide a program or project that enhances leisure, cultural, recreational opportunities and/or
- ☒ To support the design and delivery of preventive social service programs that promote and enhance the well-being of individuals, families and communities;
- ☐ To promote programs or projects that address, as directly as possible, any one of the 94 Calls to Action in the Truth and Reconciliation Commission report;
- ☐ To promote and support community capacity and economic growth;
- ☐ To facilitate and promote investment in local projects by residents;
- ☐ To enrich the cultural landscape of the Municipality; and/or
- ☐ To create/maintain a program for recruiting, training and using volunteers.

17. Describe, in detail, how the program or project will meet and address each objective selected above. (additional space continues on next page)

If the Calls to Action objective is selected, please identify the Call to Action and include the following:

- a. *How the Call to Action will be addressed by the activities of the program project;*
- b. *How the activities promote healing, language and/or cultural restoration; and*
- c. *How the Indigenous community is involved in the planning, execution, participation or follow up to the program or project.*

The Prenatal and Postpartum Support Services project will continue to support parents with infants by offering information, education, resources and referrals to support maternal mental health. By using the Mother's Mental Health Toolkit, this project will empower mothers to access any help they may need which will prevent and promote early detection of postpartum mood disorders. The facilitator will present information including promoting self-care, stress reduction, anxiety management, managing child behaviour, and encouraging parent-child attachment. This information will be shared in a supportive, non-clinical environment which also aims to increase families social support networks and promote awareness of the services and resources that are available to them in the community. The Hub Family Resource Centre works to support parents/caregivers from the transition into parenthood and through the preschool years and does not provide in depth mental health services, but instead, connects and supports parents/caregivers to access professional services as needed. The Hub's Prenatal and Postpartum Support Services are an entry point for parents and caregivers into all of the services that The Hub offers for young families. In the first five years of life, children develop the physical, emotional and social abilities that will be with them for life (Government of Alberta, Let's Talk About The Early Years, 2011). A child's early environment has a vital impact on the way their brains and bodies develop. When infants and children learn to expect positive experiences, like being comforted when distressed, their brains create new neural pathways that allow them to learn to calm themselves when upset and soothe themselves to sleep. At the core of these positive experiences are the child's parents/caregivers. Supporting parents/caregivers in the early days of their children's lives prevents negative childhood experiences that lead to a disruption in development. Ultimately, the Prenatal and Postpartum Support Services will create happier, healthier families throughout Wood Buffalo.

17. (Continued from previous page)

18. How many participants are expected to benefit from the program or project? Please identify them in the table below.

Ages 0 - 3:	150	Adults:	200
Ages 3 - 5:		Seniors:	
Ages 5 - 12:		Families:	
Ages 12 - 18:			

19. What is the community need that the program or project will address?

Parents need a safe and supportive environment in which to learn, connect with other parents and gain confidence in their role. Psycho-educational supports for expectant parents and those with an infant (0-12 months) will allow them to learn how to care for themselves and their infants in a responsive way that supports attachment and healthy development.

20. How was the need determined?

Initially, the perinatal program was launched at The Hub to support parents who were new to parenthood and support maternal mental health. We were noticing a gap in the community, especially post wildfire, for postpartum mental health supports.

Other support providers that serve the rural communities (e.g. Alberta Health Services, NEAFAN) have described the lack of perinatal supports in these areas. Prior to expanding into rural areas, the Maternal Health Coordinator in Fort McMurray First Nations 468 expressed excitement with the opportunity to offer these services in rural communities. Each rural community and agency partner has been consulted regarding which services specifically the clients in their area need.

The Hub is engaged in a formal needs assessment for rural programming and the results will inform future programming.

21. How will the program or project address this need?

The Prenatal and Postpartum Support Services project is a continuum of services that begins with prenatal and encourages parents to engage in postnatal programming and then engage in The Hub Family Resource Centre's programming for parents and children age 0-6 in centre and in rural communities.

The program offers prenatal programs that help parents prepare for childbirth and early parenting, relationship-based programming that helps parents prepare to be the best team possible, maternal mental health programs that offers a safe space to learn strategies to help through the ups and downs of motherhood, and parent and baby classes that help parents build their support network. All of these programs are offered in centre and in various rural communities as requested.

22. What will be the positive impacts to the community?

This program will support the mental health and wellness of mothers throughout Wood Buffalo. Moms will learn coping techniques for the normal ups and downs of motherhood as well as how to recognize and access supports and treatment for perinatal mood disorders.

The program helps adults have a better understanding of how to positively impact healthy relationships and manage stress effectively. Because of this individuals will experience personal well-being.

The program helps parents build their support network which gives them more people they can rely on for help. It also helps parents understand what resources are available for their families and understand their children's needs as they grow and develop.

Overall this program will support parents to foster healthy relationships with their children and build capacity to prevent family breakdown.

Part of the CPP Stream is funded through a partnership with the Government of Alberta to provide support for the design and delivery of preventative social services programs that promote and enhance the wellbeing of individuals, families and communities.

To determine if the program, project or service meets the Family and Community Support Services (FCSS) program outcomes of Prevention, Local Autonomy, Volunteerism, Accountability, and Community Development, please answer the following:

23. Is the program, project or service preventative in nature? Does it enhance the social well-being of families and individuals? Does it have preventative social outcomes?

If yes, please explain. If no, leave blank.

This program is both preventative in nature and can be appropriate for those experiencing challenges. By providing mothers with mental health supports and tools to create healthy attachment relationships with their children, positive outcomes can be seen for individuals, families, children and the community as a whole. This project will empower parents throughout Wood Buffalo to access any help they may need which will prevent and promote early detection of postpartum mood disorders.

Exposing children to positive, nurturing experiences at a young age supports healthy brain architecture, which leads to improved learning and behavior as well as better physical, mental and social wellbeing throughout life (AlbertaFamilyWellness.org/BrainArchitecture).

24. Does the program, project or service:

- Help people develop independence, strengthen coping skills and become more resistant to crisis?
Yes ☒ No ☐
- Help people develop an awareness of social needs?
Yes ☒ No ☐
- Help develop interpersonal and group skills which enhance constructive relationships among people?
Yes ☒ No ☐
- Help people and communities to assume responsibility for decisions and actions which affect them?
Yes ☐ No ☒
- Provide supports that help sustain people as active members of the community?
Yes ☐ No ☒



25. Is the program, project or service:

- Primarily a recreation, leisure, entertainment or sporting activity or event?
Yes ☐ No ☐
- Offering direct assistance, including money, food, clothing or shelter, to sustain an individual or family?
Yes ☐ No ☐
- Primarily rehabilitative, therapeutic or crisis management?
Yes ☐ No ☐
- A duplication of services provided by any level of government?
Yes ☐ No ☐
- A capital expenditure such as the purchase, construction or renovation of a building or facility?
Yes ☐ No ☐

26. What does/will a successful program or project look like?

Parents create new relationships in the community. For instance, moms make friends with other moms they meet in programming and continue those relationships outside of the Hub. These supportive relationships create healthy communities for parents and children to grow.

Parents feel comfortable sharing their ups and downs with facilitators and seeking out resources and support. As relationships are built and maintained through regular programming, participants feel comfortable to share not only the joys of parenting, but feel safe in sharing struggles. Recently a mom that had been attending programming for several months disclosed that she had been in a crisis situation on the weekend and was looking for continued support.

Parents come regularly for programming and share their experience with other parents.

Parents stay connected with the Hub community for ongoing programming and support as their child grows and develops. Prenatal postpartum programming lasts through the first year, and occasionally into the second. Following this, many parents have come to see the Hub as a "Home away from home" and will continue to utilize programming even after returning to work.

Screening is completed and referrals are made as necessary. Screening for Perinatal Mood Disorders are offered and individuals requiring further follow up and support will be referred to additional Mental Health Services. These interventions support healthy parenting and wellness for the whole family. Children are also screened using the Ages and Stages Questionnaires, especially in rural settings, and referred to appropriate supports.

Parents feel more prepared for parenthood prenatally.

Parents are referred to the Hub from external agencies such as AHS public health, medical care providers and the YMCA.

27. How will the program or project's success be measured (e.g., surveys, evaluation, longitudinal studies)?

Evaluations of each program will include a post-program survey (paper or electronic) and verbal feedback on program objectives.

Please see attached logic models for measures.

28. Does the program or project duplicate or overlap with other programs or projects offered in the community? How is this organization's program or project unique?

Moms Matter began as a collaboration with Alberta Health Services in 2017 to address the gap for maternal mental health in the community. There is currently no other perinatal social support programming for mothers outside of the Hub in the Regional Municipality of Wood Buffalo that we are aware of.

29. How will the program or project be promoted/advertised?

(Successful programs or projects shall state "Funding considerations provided by the Regional Municipality of Wood Buffalo" on all print and digital advertisements and shall not use the Municipal logo.

The statement "Funding considerations provided by the Regional Municipality of Wood Buffalo" will be on all program posters, brochures, and pamphlets. The statement will also be on our website and social media.

30. The Community Programs and Projects stream is intended to promote an allied social profit sector within the Municipality. What other community groups or organization will be involved in the program or project?

- a. List each community group or organization; and
- b. Define each community group or organization's role.

Currently, in rural communities we are collaborating with the Fort McKay Family Support Centre, the Fort McMurray First Nations 468 Health Centre, the Chipewyan Prairie First Nations Health Centre, and the Regional Recreation Corporation in Conklin. These organizations offer space in kind, help with registration and promotion, and collaborate with us to ensure programming is culturally appropriate and meets the needs of the community.

Frank Spragins School and ASHFAM Safe Haven for Adolescent Mothers continue to connect our Prenatal and Postpartum Support Coordinator with adolescent parents to offer programming and supports.

Alberta Health Services Early Intervention and Alberta Health Services Public Health department collaborate with us to co-facilitate maternal mental health programming and get families in rural communities connected with supports for development as needed.

The Prenatal and Postpartum Support Coordinator is connected with the Wood Buffalo Women and Baby Care Association to work collaboratively to establish perinatal supports for parents in our community.

The Prenatal and Postpartum Support Coordinator also works collaboratively between departments within the Hub, specifically to effectively serve rural communities.

31. The Community Programs and Projects stream is intended to promote public/volunteer participation in the planning, delivering and governing of community programs and projects. How will volunteers be involved in the proposed program or project?

Currently, there are Program Support Volunteer positions open. Program Support Volunteers help with setup, take down, and logistics of the program. This role is integral to creating the safe, comfortable environment for the program participants. Depending on experience and comfort level, with training provided by the Hub, volunteers could be involved in program facilitation. This is a fantastic opportunity for individuals to learn from our program facilitators and enhance their facilitation skills.

- 32. The CPP stream requires at least one other source of funding (e.g., monetary donations or grants, sponsorships, significant in-kind contributions, etc.) aside from the Community Impact Grant. Describe any other funding initiatives the organization has taken or is planning to implement to support this requirement.**

Though there is no other direct funding sources for Prenatal and Postpartum this year, The Hub Family Resource Centre receives a variety of other funding that indirectly supports this project.

The Hub covers the cost of office space, program space at both Hub locations, vehicle insurance, vehicle maintenance and technology for this program. The Prenatal and Postpartum Coordinator also works collaboratively with the Family Support Workers to offer mom and baby programming throughout the year.

- 33. Outline any expected in-kind contributions for this program or project:**

For the outreach portion of the project, The Hub continues to receive numerous in-kind contributions for space and advertisement. For example, the Fort McKay Family Support Centre, the Fort McMurray First Nations 468 Health Centre, the Chipewyan Prairie First Nations Health Centre, and the Regional Recreation Corporation in Conklin have all hosted our Prenatal and Postpartum programming free of charge. These agencies have also been integral in advertising in their respective communities to reach local families.

Program or Project Budget

34. a) Please be advised that although your organization's fiscal year may not run January - December, that is the funding period of the Community Impact Grant. The following content must only relate to the period of January 1 - December 31, 2020.
- b) Please include all anticipated sources of revenue for the program or project and whether or not it is in progress (applied for but not yet confirmed) or secured (confirmed).
- c) Please list all sources of funding separately and name the sources in the space provided.
- d) Do not include this grant application as a source of revenue.

Source of Projected Income	Revenue Jan - Dec 2020	Revenue Status	
		In Progress	Secured
Project/Program Income (Ticket sales, admission, etc.)		<input type="checkbox"/>	<input type="checkbox"/>
Government of Alberta Grant		<input type="checkbox"/>	<input type="checkbox"/>
Government of Canada Grant		<input type="checkbox"/>	<input type="checkbox"/>
Casinos/Bingos		<input type="checkbox"/>	<input type="checkbox"/>
Donation from:		<input type="checkbox"/>	<input type="checkbox"/>
Donation from:		<input type="checkbox"/>	<input type="checkbox"/>
Donation from:		<input type="checkbox"/>	<input type="checkbox"/>
Grant from:		<input type="checkbox"/>	<input type="checkbox"/>
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Other:		<input type="checkbox"/>	<input type="checkbox"/>
Other:		<input type="checkbox"/>	<input type="checkbox"/>
Other:		<input type="checkbox"/>	<input type="checkbox"/>
Other:		<input type="checkbox"/>	<input type="checkbox"/>
Other:		<input type="checkbox"/>	<input type="checkbox"/>
Other:		<input type="checkbox"/>	<input type="checkbox"/>
Total (A)	\$ 0.00		

36. Provide any additional information that may assist in developing a better understanding of the organization or its services/programs during the grant review:

The Hub Family Resource Centre offers free programs and services that encourage the best possible development of families throughout Wood Buffalo. The Hub offers a continuum of supports starting with the Prenatal and Postpartum programming that helps families prepare for the early weeks of parenting through the first year of life. From there, families transition into early learning and family support programs that help families know what is appropriate for their child at each age and stage of life, strengthens their support network, and offers a safe place to play and learn. Our formal and informal parent education helps parents manage the day to day challenges of family life. We also offer Safe Visitation and Safe Exchange programming that provides a safe and comfortable location for families who have experienced domestic violence and/or custody and access issues.

The Hub continues to work toward our vision of healthy children, healthy families, healthy communities.

37. Attachments

The following **MUST** accompany this application.

Failure to submit the following will result in this application being deemed incomplete.

- ☒ Financial Statements of **most recent** fiscal year end (Year end date must fall between July 1, 2018 and June 30, 2019)

The following is **OPTIONAL** to this application.

- ☒ Project Logic Model (if available)

Completed and Signed Applications are to be submitted:

Preference is By Email: CIP@rmwb.ca

OR

In Person or By Mail:

Community Investment Program
Community Services
Regional Municipality of Wood Buffalo
9909 Franklin Avenue
Fort McMurray, AB T9H 2K4

**LATE or INCOMPLETE applications will not be processed
(Community Investment Program Policy FIN-220, Section 3.1.5)**

Family Access Services Logic Model 2019-2020

Overarching Goal: Provide services that allow parents to foster healthy relationships with their children; and provide programs that educate and build capacity to prevent family breakdown.				
Strategic Directions (SD):				
SD1: Provide a safe space to foster healthy family relationships	SD2: Help parents/caregivers develop the knowledge, skills and confidence needed to promote constructive co-parenting relationships	SD3: Work Collaboratively with community and government agencies to provide wrap around services for families	SD4: Provide education and opportunities for parents to develop knowledge, skills and confidence needed to promote healthy parent/caregiver-child relationships	SD5: Provide education that allows individuals to build capacity as they transition into parenthood and the postpartum period

Objective 1: Improved wellbeing of families	Objective 2: Improved wellbeing of children	Objective 3: Improved social wellbeing of community	Objective 4: Improved wellbeing of individuals
<p>Outcome 1: Quality of co-parenting relationship has improved</p> <p>Indicators</p> <ul style="list-style-type: none">Families are safe from abuse, neglect, and violencePositive family communication <p>Measures “Because of Family Access Services...”</p> <ul style="list-style-type: none">I feel more safeMy co-parenting relationship has improvedI feel more supported by my partner in parentingI am more supportive of my partner in his/her parenting	<p>Outcome 1: Children have an increased sense of stability and safety</p> <p>Indicators:</p> <ul style="list-style-type: none">Children are safe from abuse, neglect and violenceParents have access to parenting time consistently <p>Measures “Because of Family Access Services...”</p> <ul style="list-style-type: none">I spend at least 5 hours of quality time per month with my childI spend at least 10 hours of quality time per month with my childI spend at least 15 hours of quality time per month with my childThe regularity of my parenting time has increasedMy anxiety around visitation and/or accessing my children has decreasedI have a safe environment for my child and I to interact	<p>Outcome 1: Community based social issues relating to domestic violence, maternal mental health and parenting are addressed collaboratively</p> <p>Indicators</p> <ul style="list-style-type: none">Social engagementSocial supportAwareness of relevant social issues <p>Measures</p> <ul style="list-style-type: none">The Hub has continued engagement with Supervised Visitation Network InternationalThe Hub actively participates in relevant roundtables, coalitions and task forcesThe Hub is present at family courtCross-sector collaboration with CFS and RCMPCross-sector collaboration with AHSCross-sector collaboration with school districtsCollaboration with rural communities	<p>Outcome 1: Individuals experience personal wellbeing</p> <p>Indicators</p> <ul style="list-style-type: none">Competence <p>Measures “As a result of Family Access Services I...”</p> <ul style="list-style-type: none">Feel better about my ability to use strategies to reduce stressHave tools to help me manage the anxiety of family lifefeel better able to solve problems relating to my children’s behaviorfeel better about my ability to implement self-care
<p>Outcome 2: Quality of parent/caregiver-child relationships has improved.</p> <p>Indicators:</p> <ul style="list-style-type: none">Positive ParentingPositive family relationships <p>Measures: “Because of Family Access Services...”</p> <ul style="list-style-type: none">My child and I play together more oftenI have more confidence in my parenting skillsI know more about how to meet the psychological needs of my childI feel more confident transitioning into my role as a parentI talk more calmly and respectfully to		<p>Outcome 2: Families are connected to resources as needed</p> <p>Indicators:</p> <ul style="list-style-type: none">Inward and outward referralsAgencies collaborate to support families <p>Measures:</p> <ul style="list-style-type: none">Number of referrals from CFS and RCMPNumber of referrals from AHS and Public HealthNumber of referrals from school districtsNumber of court order referralsNumber of referrals made to community partners	

my child when he/she misbehaves			
<p>Outcome 3: Families have social supports</p> <p>Indicators:</p> <ul style="list-style-type: none">Families have social networks to support themFamilies are aware of resources available to them <p>Measures:</p> <p>"Because of Family Access Services..."</p> <ul style="list-style-type: none">My family has more people that we trust and turn to for adviceMy family has more people that we can count on to help usI am better able to access the resources available for my family when we need them		<p>Outcome 3: Parents/caregivers easily access and are aware of Hub programs</p> <p>Indicators:</p> <ul style="list-style-type: none">Engagement in ProgramsProgram to Program referrals <p>Measures</p> <ul style="list-style-type: none">Number of parents moving from Safe Visitation to ExchangeNumber of Parents in Safe Visitation and Exchange access Parent CoachNumber of parents in Safe Visitation and Exchange access Pre and Postnatal servicesNumber of parents in pre and postnatal access Parent Coach services	

Program/Project Title:	Prenatal & Postpartum Support
Statement of Need: <i>What</i> community issue, need or situation are you responding to?	Education and social supports for prenatal and postpartum families (children aged 0-1) Maternal mental health Positive infant development
Overall Goal: <i>What</i> change or impact do you want to achieve?	Healthy Children: Infants develop positively and form positive attachments to their parents or primary care givers. Healthy Families: Parents feel confident and competent in parenting during the first year and have access to appropriate resources and supports.
Broad Strategy: <i>How</i> will you address the issue, need or situation?	Promote personal well-being and positive parenting through educational programming, parent-baby programming and social supports for expectant parents and parents of infants.
Rationale: What evidence do you have that this strategy will work? Research? <i>if/then statement</i>	<p>If Moms learn to manage stress during pregnancy, it provides a healthier environment for her growing baby. Attending prenatal classes as a couple (where applicable) provides education on healthy practices during pregnancy, childbirth and parenting for both parents and keeps both parents involved. Research shows the more dads are engaged during pregnancy, the stronger bond they have with the baby once it's born, and the more positive, lasting impact they have on the baby's long-term development. Magic of everyday moments: Seeing is believing, Series 4, www.zerotothree.org</p> <p>If mothers are mentally healthy they are better able to promote healthy practices emotionally and physically for her children, create stability of self and emotional regulation for young children, and support strong parent-child attachment. http://www.iwk.nshealth.ca/mmh</p> <p>If couples have tools and strategies for healthy communication and problem solving, relationships are more likely to be healthy and stable and promote positive interactions between parents and baby. https://www.gottman.com/about/research/parenting/</p> <p>When children are supported by positive, nurturing interactions with trusted adults to support their development, this leads to improved learning and behavior as well as better mental and physical health throughout life. https://www.albertafamilywellness.org/what-we-know/brain-architecture</p>
Who is served? Target Group	Expectant parents Parents with children 0-18 months

<p>Inputs :</p> <p>resources invested to achieve your goal, e.g., staff, volunteers, money, materials, equipment, technology, partners, information</p>	<ul style="list-style-type: none"> • Staff: Prenatal and Postpartum Support Coordinator • Partners: <ul style="list-style-type: none"> ○ counselors at Public and Catholic School boards ○ Coordinators at rural health centers ○ Wood Buffalo Woman and Baby Care Association ○ A Safe Haven for Adolescent Mothers (ASHFAM) • Supplies for parent-baby programs (including but not limited to): <ul style="list-style-type: none"> ○ Infant toys, infant massage supplies, Ages and Stages Questionnaires ○ Handouts on infant development ○ Handouts on early parenting ○ Infant development kits (toys, books, etc.) • Materials for Mother's Wellness classes/events <ul style="list-style-type: none"> ○ Wellness booklets/ handouts ○ Craft/ activity materials ○ Mother's Wellness kits (contents vary, may include items such as wellness tea, breast pads, self-care items) • Materials for Prenatal Classes <ul style="list-style-type: none"> ○ Prenatal and Breastfeeding booklets ○ Handouts ○ Prenatal bags (contents vary, may include infant swaddles, diapers, breast pads, other infant care items, etc.) • Bringing Baby Home Couple's Kits • Ages and Stages Questionnaires • Program sign-in forms • Evaluations • Certificates of completion • Laptop, projector • Programming supplies (portable file boxes, flip boards, pens, etc.) • Marketing materials (flyers, email and social media promotion) • Travel expenses (vehicle, gas, etc.) • Food for programming • Space for programming in communities • Mats and cushions • Yoga mats and props
<p>Outputs: - <i>Activities and processes used, e.g., advertising, workshops</i></p>	<ul style="list-style-type: none"> • Collaborative agency/community planning meetings • Advertising classes and events • Mother's wellness classes/ events • Healthy Relationships events/ workshop series • Prenatal classes • Healthy Pregnancy classes/events • Parent and baby classes/events (such as infant massage, song and story time, mom and baby yoga, stroller walks, craft time) • Parenting of infants classes/ events • Opportunities for parents to complete Ages and Stages Questionnaires

	<ul style="list-style-type: none"> Evaluations and data collection Coordination with partner organizations and communities <p>Must report to the province so please collect:</p> <p># of total participants</p> <p>If volunteers are used in the program, then collect:</p> <p># of volunteers # of volunteer hours</p> <p>Could potentially collect:</p> <p># of families # of partners # of adults # of children</p>
<p>Outputs: – <i>Who will you reach?</i> e.g., community, partners, number served</p>	<p>Expectant parents Parents with infants</p> <p>Programming in the Hub Family Resource Centre Rural Health Centers (Janvier, Conklin, FMFN# 468, others as applicable) Frank Spragins School Wood Buffalo Woman and Baby Care Association</p> <p>150 – 200 unique adults</p>

List of Outcome Statements:	
1	Adults understand healthy relationships.
2	Adults understand how to manage stress.

3	Adults know more people they can rely on for help.
4.	Parents understand the changing needs of children as they develop.
5.	Adults know what resources are available for their family.

Outcomes Statement:	Indicators:	Measures:	Measures Bank Number:	Alignment with the FCSS Outcomes Model: Chart of Outcomes and Indicators:
1. Adults understand healthy relationships	1. Adults report they understand how to positively impact healthy relationships.	1. I have a better understanding of what I can do to contribute to healthy relationships.	M8	Family Outcome 2: Individuals are Connected with Others Indicator: Quality of Social Relationships
		2.		
	2.	1.		
		2.		
2. Adults understand how to manage stress	1. Adults report they have new information on how to manage stress.	2. I have some new information on how to better manage stress.	PM4	Individual Outcome 1: Individuals Experience personal well-being Indicator: Resilience
		2.		
	2.	1.		
		2.		
Data Collection Tool(s) Used:		Date(s) when data collected:	<input type="checkbox"/> Pre/post <input type="checkbox"/> Post only <input type="checkbox"/> During	

Outcome Statement:	Indicators:	Measures:	Measures Bank Number:	Alignment with the FCSS Outcomes Model: Chart of Outcomes and Indicators:
3. Adults have more people they can rely on for help.	1. Adults report having more people they can rely on for help.	1. I know more people I can rely on for help.	PM2	Individual Outcome 2: Individuals are connected with others. Indicator: Social Supports Available
		2.		
	2.	1.		
		2.		
4. Parents understand the changing needs of children as they develop.	1. Adults report understanding how their child’s needs change as they grow and develop.	1. I am more aware of how my child's needs change as they grow and develop.	PM2	Family Outcome 1: Healthy Functioning Within Families Indicator: Positive Parenting
		2.		
5. Adults know what resources are available for their family.	1. Adults report having more information on the resources available for their family.	1. I have more information on what resources are available for my family.		Family Outcome 2: Families Have Social Supports Indicator: Family accesses resources as needed
		2.		
Data Collection Tool(s) Used:		Date(s) when data collected:	<input type="checkbox"/> Pre/post	

		<input type="checkbox"/> Post only <input type="checkbox"/> During
--	--	---

Potential Long-term Outcome:

1. Parents have improved strategies and resources to manage life's challenges in a positive way.
2. Children develop positively

Prepared by:	Melissa Redden
Date:	May 21, 2019
Revised by: (to note changes made to initial PLM)	
Date:	

Outcomes:

1. Infants develop positively (Adults understand the changing needs of infants as they develop)
2. Parents have information on how to: manage stress/stay mentally well
3. Parents know how to contribute to healthy relationships
4. Parents have information to prepare them for childbirth
5. Parents have more people they can rely on for help (Parents have social supports for wellness)
6. Parents have access to resources and supports for wellness and parenting

Indicators:

1. Parents report they understand the changing needs of infants as they develop in the first year.
2. Parents report they feel more confident in parenting during the first year.
3. Parents report they have new information on how to manage stress and stay mentally well.
4. Parents report they understand how to contribute to healthy relationships.
5. Parents report they have more information to prepare them for childbirth.
6. Parents report they have more people they can rely on for help.
7. Parents report they have more information on what resources are available to their family.

Measures: Because of prenatal/postpartum programming:

- I understand the changing needs of a child during the first year of life
- I have strategies to support an infant's development
- I understand how responsive care contributes positively to an infant's development
- I feel more confident in becoming a parent/ parenting my infant
- I have new information/ more strategies on how to manage stress
- I have more strategies for staying mentally well
- I understand the signs and symptoms of perinatal mood disorders
- I know who I can turn to for support if I am/my partner is struggling
- I understand how to contribute to healthy relationships
 - I have tools for healthy conflict resolution
 - I have tools to stay connected to my partner
 - I have tools for healthy communication with my partner (I know what kinds of communication to avoid, and healthy alternatives)
 - I have a plan for both partners to stay involved



GALLO & COMPANY*
CHARTERED PROFESSIONAL ACCOUNTANTS

Accounting
Tax
Business Advisors

THE HUB FAMILY RESOURCE CENTRE
Financial Statements
Year Ended March 31, 2019

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*Denotes Professional Corporation

THE HUB FAMILY RESOURCE CENTRE
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Year Ended March 31, 2019

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INDEPENDENT AUDITOR'S REPORT

To the Members of The Hub Family Resource Centre

Qualified Opinion

We have audited the financial statements of The Hub Family Resource Centre (the Organization), which comprise the statement of financial position as at March 31, 2019, and the statements of revenues and expenditures, changes in net assets and cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, except for the possible effects of the matter described in the *Basis for Qualified Opinion* section of our report, the accompanying financial statements present fairly, in all material respects, the financial position of the Organization as at March 31, 2019, and the results of its operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

Basis for Qualified Opinion

In common with many not-for-profit organizations, the Organization derives revenue from fundraising activities the completeness of which is not susceptible to satisfactory audit verification. Accordingly, verification of these revenues was limited to the amounts recorded in the records of the Organization. Therefore, we were not able to determine whether any adjustments might be necessary to fundraising revenue, excess of revenues over expenses, and cash flows from operations for the year ended March 31, 2019, current assets and net assets as at March 31, 2019. Our audit opinion on the financial statements for the year ended March 31, 2018 was modified accordingly because of the possible effects of this limitation of scope.

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Statements* section of our report. We are independent of the Organization in accordance with the ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with those requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified audit opinion.

Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

(continues)

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Independent Auditor's Report to the Members of The Hub Family Resource Centre (continued)

In preparing the financial statements, management is responsible for assessing the Organization's ability to continue as a going concern, disclosing, as applicable, matters relating to going concern and using the going concern basis of accounting unless management either intends to liquidate the Organization or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Organization's financial reporting process.

Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements. As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Organization's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Organization's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Organization to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.



Sherwood Park, Alberta
September 16, 2019

PROFESSIONAL CORPORATION
CHARTERED PROFESSIONAL ACCOUNTANTS

THE HUB FAMILY RESOURCE CENTRE
Statement of Revenues and Expenditures
Year Ended March 31, 2019

	2019	2018
REVENUES		
Grants	\$ 1,795,206	\$ 2,028,825
Donations	61,762	19,024
Fundraising	55,796	52,333
Other income	7,553	1,500
	<u>1,920,317</u>	<u>2,101,682</u>
EXPENSES		
Salaries and benefits	1,225,123	1,288,587
Rent	331,465	327,289
Amortization	47,357	30,346
Professional fees	43,366	40,553
Program development	42,128	14,869
Training	36,353	84,713
Materials	36,305	64,904
Facility repair and maintenance	32,747	35,251
Telephone	20,770	22,092
Computer network maintenance	18,428	20,112
Fundraising expenses	15,459	18,380
Office	13,413	13,084
Photocopying	13,017	14,567
Insurance	12,206	11,579
Advertising and promotion	10,260	40,874
Repairs and maintenance	10,018	2,748
Utilities	9,828	7,874
Program nutrition	8,498	10,399
Travel	3,851	7,413
Interest and bank charges	2,238	2,794
Vehicle	1,786	2,478
	<u>1,934,616</u>	<u>2,060,906</u>
EXCESS OF REVENUES OVER EXPENSES	(14,299)	40,776
Gain on disposal of equipment	<u>2,464</u>	<u>-</u>
EXCESS (DEFICIENCY) OF REVENUES OVER EXPENSES	\$ (11,835)	\$ 40,776

THE HUB FAMILY RESOURCE CENTRE
Statement of Financial Position
March 31, 2019

	2019	2018
ASSETS		
CURRENT		
Cash (Notes 5, 2)	\$ 427,444	\$ 502,709
GST receivable	8,781	10,946
Prepaid expenses	37,799	37,215
	<u>474,024</u>	<u>550,870</u>
EQUIPMENT (Notes 3, 2)	<u>100,365</u>	<u>112,473</u>
	<u>\$ 574,389</u>	<u>\$ 663,343</u>
LIABILITIES AND NET ASSETS		
CURRENT		
Accounts payable	\$ 82,236	\$ 70,758
Wages payable	31,972	29,902
Source deductions payable	16,436	34,946
Deferred revenue (Note 4)	290,823	173,818
Other payables (Note 7)	677	189,839
	<u>422,144</u>	<u>499,263</u>
NET ASSETS		
General fund	<u>152,245</u>	<u>164,080</u>
	<u>\$ 574,389</u>	<u>\$ 663,343</u>
LEASE OBLIGATIONS (Note 9)		

ON BEHALF OF THE BOARD

Director

Director

See notes to financial statements

THE HUB FAMILY RESOURCE CENTRE
Statement of Changes in Net Assets
Year Ended March 31, 2019

	2019	2018
NET ASSETS - BEGINNING OF YEAR	\$ 164,080	\$ 123,304
DEFICIENCY OF REVENUES OVER EXPENSES	<u>(11,835)</u>	<u>40,776</u>
NET ASSETS - END OF YEAR	<u>\$ 152,245</u>	<u>\$ 164,080</u>

THE HUB FAMILY RESOURCE CENTRE
Statement of Cash Flows
Year Ended March 31, 2019

	2019	2018
OPERATING ACTIVITIES		
Excess (deficiency) of revenues over expenses	\$ (11,835)	\$ 40,776
Items not affecting cash:		
Amortization of equipment	47,357	30,346
Gain on disposal of equipment	(2,464)	-
	<u>33,058</u>	<u>71,122</u>
Changes in non-cash working capital:		
Accounts receivable	-	421
Accounts payable	11,477	10,813
Deferred revenue	117,005	(311,861)
Prepaid expenses	(584)	(16,262)
Goods and services tax payable	2,165	(2,525)
Wages payable	2,070	(119)
Source deductions payable	(18,510)	5,457
Other payables	(189,162)	168,145
	<u>(75,539)</u>	<u>(145,931)</u>
Cash flow used by operating activities	<u>(42,481)</u>	<u>(74,809)</u>
INVESTING ACTIVITIES		
Purchase of equipment	(35,784)	(104,948)
Proceeds on disposal of equipment	3,000	-
Cash flow used by investing activities	<u>(32,784)</u>	<u>(104,948)</u>
DECREASE IN CASH FLOW	<u>(75,265)</u>	<u>(179,757)</u>
Cash - beginning of year	<u>502,709</u>	<u>682,466</u>
CASH - END OF YEAR	<u>\$ 427,444</u>	<u>\$ 502,709</u>

THE HUB FAMILY RESOURCE CENTRE
Notes to Financial Statements
Year Ended March 31, 2019

1. DESCRIPTION OF ORGANIZATION

The Hub Family Resource Centre (the "Organization") is a not-for-profit organization incorporated provincially under the Companies Act of Alberta on April 8, 2004. Its purpose is to provide a facility which enhances access and delivery of available community resources which focus on the promotion of healthy childhood development through the promotion of positive parenting skills. As a registered charity, the Organization is exempt from the payment of income tax under Section 149(1) of the Income Tax Act, provided it maintains its registration.

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

Basis of presentation

The financial statements were prepared in accordance with Canadian accounting standards for not-for-profit organizations (ASNFPO).

Financial instruments policy

Financial instruments are recorded at fair value when acquired or issued. In subsequent periods, financial assets with actively traded markets are reported at fair value, with any unrealized gains and losses reported in income.

Transaction costs incurred on the acquisition of financial instruments measured subsequently at fair value are expensed as incurred. All other financial instruments are adjusted by transaction costs incurred on acquisition and financing costs, which are amortized using the straight-line method.

Financial assets are assessed for impairment on an annual basis at the end of the fiscal year if there are indicators of impairment. If there is an indicator of impairment, the Organization determines if there is a significant adverse change in the expected amount or timing of future cash flows from the financial asset. If there is a significant adverse change in the expected cash flows, the carrying value of the financial asset is reduced to the highest of the present value of the expected cash flows, the amount that could be realized from selling the financial asset or the amount the Organization expects to realize by exercising its right to any collateral. If events and circumstances reverse in a future period, an impairment loss will be reversed to the extent of the improvement, not exceeding the initial carrying value.

Financial assets measured at amortized cost include cash and GST receivable.

Financial liabilities measured at amortized cost include accounts payable and accrued liabilities.

Revenue recognition

The Organization uses the deferral method of accounting for contributions. Restricted contributions are recognized as revenue in the year in which the related expenses are incurred. Unrestricted contributions are recognized as revenue when received or receivable if the amount to be received can be reasonably estimated and collection is reasonably assured.

(continues)

THE HUB FAMILY RESOURCE CENTRE
Notes to Financial Statements
Year Ended March 31, 2019

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES (continued)

Cash

Cash and cash equivalents are made up of cash balances that are available for immediate use except for \$9,505 (2018 - \$273), which has limitations in use as provided by the Alberta Gaming and Liquor Commission.

Equipment

Equipment is stated at cost or deemed cost less accumulated amortization. Equipment is amortized over its estimated useful life on a declining balance basis at the following rates and methods:

Computer software	100%	declining balance method
Computer equipment	45%	declining balance method
Furniture and fixtures	30%	declining balance method
Vehicles	30%	declining balance method
Equipment	20%	declining balance method
Leasehold improvements	3 years	straight-line method

The Organization regularly reviews its equipment to eliminate obsolete items. Government grants are treated as a reduction of equipment cost.

Equipment acquired during the year but not placed into use are not amortized until they are placed into use.

Impairment of Long Lived Assets

The Organization tests for impairment whenever events or changes in circumstances indicate that the carrying amount of the assets may not be recoverable. Recoverability is assessed by comparing the carrying amount to the projected future net cash flows the long-lived assets are expected to generate through their direct use and eventual disposition. When a test for impairment indicates that the carrying amount of an asset is not recoverable, an impairment loss is recognized to the extent the carrying value exceeds its fair value.

Contributed goods and services

The operations of the organization depend on both the contribution of time by volunteers and donated goods from various sources. The fair value of donated goods and services cannot be reasonably determined and are therefore not reflected in these financial statements.

Measurement uncertainty

The preparation of financial statements in conformity with Canadian accounting standards for not-for-profit organizations requires management to make estimates and assumptions that affect the reported amount of assets and liabilities, disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of revenues and expenses during the period. Such estimates are periodically reviewed and any adjustments necessary are reported in earnings in the period in which they become known. Actual results could differ from these estimates.

THE HUB FAMILY RESOURCE CENTRE
Notes to Financial Statements
Year Ended March 31, 2019

3. EQUIPMENT

	Cost	Accumulated amortization	2019 Net book value	2018 Net book value
Computer software	\$ 10,546	\$ 10,546	\$ -	\$ -
Computer equipment	88,740	83,511	5,229	9,730
Furniture and fixtures	47,745	40,627	7,118	8,616
Vehicles	69,560	32,250	37,310	10,383
Equipment	42,545	36,494	6,051	9,316
Leasehold improvements	399,977	355,320	44,657	74,428
	<u>\$ 659,113</u>	<u>\$ 558,748</u>	<u>\$ 100,365</u>	<u>\$ 112,473</u>

4. DEFERRED REVENUE

	2018	Additions	Allocations	2019
Other Funds	\$ 10,000	\$ 267,930	\$ 140,062	\$ 137,868
Parent Link Centre Enhancement	-	75,000	-	75,000
Wildfire Trauma Support	141,712	-	73,262	68,450
Casino	273	9,300	67	9,505
Safe Visitation Program	20,833	104,167	125,000	-
June Bug Fundraiser	1,000	27,500	28,500	-
Hub on Wheels Program	-	40,000	40,000	-
Parent Link Centre	-	1,077,750	1,077,750	-
	<u>\$ 173,818</u>	<u>\$ 1,601,647</u>	<u>\$ 1,484,641</u>	<u>\$ 290,823</u>

Deferred revenue consists of funds that are externally restricted for use on specific program expenses as outlined in each agreement.

5. EXTERNALLY RESTRICTED FUNDS

\$9,505 (2018 - \$273) of the cash account has limitations in use as provided by the Alberta Gaming and Liquor Commission.

THE HUB FAMILY RESOURCE CENTRE
Notes to Financial Statements
Year Ended March 31, 2019

6. FINANCIAL INSTRUMENTS

The Organization's carrying value of cash and cash equivalents, accounts receivable, and accounts payable approximates its fair value due to the immediate or short term maturity of these instruments.

The Organization is exposed to various risks through its financial instruments and has a comprehensive risk management framework to monitor, evaluate and manage these risks. The following analysis provides information about the Organization's risk exposure and concentration as of March 31, 2019.

(a) Credit risk

Credit risk arises from the potential that a counter party will fail to perform its obligations. The Organization is exposed to limited credit risk as most of its revenues are derived from funding agreements and contributions.

(b) Liquidity risk

Liquidity risk is the risk that an entity will encounter difficulty in meeting obligations associated with financial liabilities. The Organization is exposed to this risk mainly in respect to its accounts payable.

(c) Currency risk

Currency risk is the risk to the company's earnings that arise from fluctuations of foreign exchange rates and the degree of volatility of these rates. The Organization is exposed to minimal foreign currency exchange risk as all transactions are in Canadian funds.

(d) Interest rate risk

Interest rate risk is the risk that the value of a financial instrument might be adversely affected by a change in the interest rates. In seeking to minimize the risks from interest rate fluctuations, the Organization manages exposure through its normal operating and financing activities.

(e) Other price risk

Other price risk is the risk that the fair value or future cash flows of a financial instrument will fluctuate because of changes in market prices (other than those arising from interest rate risk or currency risk), whether those changes are caused by factors specific to the individual financial instrument or its issuer, or factors affecting all similar financial instruments traded in the market. The Organization is minimally exposed to other price risk as they have no investments.

Unless otherwise noted, it is management's opinion that the Organization is not exposed to significant other price risks arising from these financial instruments.

THE HUB FAMILY RESOURCE CENTRE
Notes to Financial Statements
Year Ended March 31, 2019

7. OTHER PAYABLES

The Organization held \$677 (2018 - \$18,719) on behalf of the Early Years Coalition. The funds are due on demand and therefore have been classified as a short term liability. The amount payable is interest free and has no set repayment terms. The full amount has been returned subsequent to year end.

The Organization also held no funds (2018 - \$171,121) on behalf of the Child and Youth Advocacy Centre Project in the current year. The Organization was holding the funds until a legal agreement was in place between the Regional Municipality of Wood Buffalo and Waypoints. The funds have been returned to the United Way and Waypoints.

8. ECONOMIC DEPENDENCE

Like many not for profit organizations, The Hub Family Resource Centre is dependent on funding from government and other agencies, and donations in order to provide services. The level of services performed is dependent on the level of funding obtained.

9. LEASE OBLIGATIONS

The Organization has long term lease agreements with respect to its premises. Future minimum lease payments as at March 31, 2019 are as follows;

2020	\$ 341,876
2021	225,106
2022	165,495
2023	165,495
	<hr/>
	<u>\$ 897,972</u>

10. COMPARATIVE FIGURES

Some of the comparative figures have been reclassified to conform to the current year's presentation.
